

Organiser:



Secretariat:



Institute of Medical Simulation



Starting Out on Assisted Reproduction (7th SOAR Course)

25 – 27 April 2024 | Thursday - Saturday
8.30am to 5.30pm | Academia, Level 2, L2-S3 expanded

20 College Road, Singapore 169856 (Located in SGH Campus)



INTRODUCTION

Since the birth of the world's first test-tube baby in 1978 (Louise Brown), there has been a revolution in fertility treatment. The dynamics of in-vitro fertilisation are often not covered in detail in traditional postgraduate obstetrics and gynaecological curriculum. Fertility medicine, though absolved in obstetrics and gynaecology, needs further insight into reproductive endocrinology, andrology, genetics, counselling and overall well being.

This course aims to walk you over the entire ART treatment including both male and female evaluation. We have a comprehensive program covering the clinical aspects and the science behind Assisted Reproduction. Our faculty consists of experienced Consultants and Scientists from Centre for Assisted Reproduction (CARE) at SGH and other local institutions. In addition, we have renowned faculty from across the world to enrich your learning experience.

This course would benefit individuals who are starting out on IVF recently; who are keen for a strong grounding on scientific principles and those who wish to exchange ideas and take back some tips from the experts in experience based real life medicine. This course would also benefit residents and those in training to have a deeper understanding of in-vitro fertilisation.

WHO SHOULD ATTEND

- Obstetrics and Gynaecology residents
- Obstetricians and Gynaecologists with special interest in fertility
- Fertility specialists seeking updates in this field
- Healthcare professional involved in assisted reproduction

CLOSING DEADLINE: 1 APRIL 2024

| | | |
|------------------------------------|---------|-------------------------|
| Early Bird (register by 29 Feb) | SGD 300 | (Price excludes 9% GST) |
| Normal | SGD 450 | |

Certificate of Attendance will be issued to those who attend 75% of the workshop.
For registration, please complete the form and send it to sims.sssc@singhealth.com.sg

ORGANIZING COMMITTEE FROM SINGAPORE GENERAL HOSPITAL



Dr Yong Tze Tein
Department Head



Dr Yu Su Ling
Director
Centre for Assisted Reproduction



Dr Rajesh Hemashree
Course Director



Dr Teoh Lisa Jan Webber
Senior Consultant



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Programme

DAY 1: 25 APRIL 2024 (THURSDAY)

| Time | Topic | Speaker |
|-------------|---|--------------------------------------|
| 0800 – 0825 | Registration | |
| 0825 – 0830 | Welcome & Introduction Opening Address | A/Prof Yong Tze Tein |
| 0830 – 0900 | Can I get pregnant with IVF – Women with medical disorders | A/Prof Tan Lay Kok |
| 0900 – 0940 | The condiments of IVF – What you need to know to personalise your stimulation? | Dr Rajesh Hemashree |
| 0940 – 1020 | Endocrine optimisation in fertility – Prolactin, Thyroid and Adrenals | Dr Thomas King |
| 1020 – 1035 | BREAK | |
| 1035 – 1055 | IVF – Life balance – How do you schedule your start cycle? | Dr Veronique Celine Viardot-Foucault |
| 1055 – 1140 | Normal Responder – Practical protocols for stimulation | Dr Tham Seong Wai |
| 1140 – 1210 | The Sperm in the lab – Assessment and tweaking the IVF | Dr Ruth Wong Rui Shan |
| 1210 – 1255 | Male infertility: Updated trend and approach and role of gonadotropins (APHRODITE classification) | Prof Antonio La Marca |
| 1255 – 1340 | LUNCH | |
| 1340 – 1410 | Azoospermia and its assessment for the reproductive endocrinologist | Dr Chua Ka-Hee |
| 1410 – 1440 | Surgery in men with semen abnormalities | Dr Valerie Gan |
| 1440 – 1535 | Poor responder – Maximising resources and outcome | Prof Antonio La Marca |
| 1525 – 1540 | BREAK | |
| 1540 – 1610 | Congenital gynae abnormalities – Special situations ACUM | Dr Sevellaraja N Supermaniam |
| 1610 – 1640 | The Uterine niche and septum – Implications for fertility, the when and how of management | Dr Anupriya Agarwal |
| 1640 – 1710 | Recipes for a successful tubal anastomosis | Dr Sevellaraja N Supermaniam |
| 1710 – 1720 | Evaluation and closing | Dr Selina Chin |

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DAY 2: 26 APRIL 2024 (FRIDAY)

| Time | Topic | Speakers |
|-------------|---|--|
| 0830 – 0915 | The high responder – Management of the IVF cycle | Dr Yu Su Ling |
| 0915 – 0940 | Quality control in an IVF lab | Ms Lee Shaw Ni Amy |
| 0940 – 1010 | Oocyte retrieval - Allaying expectations - Tips and tricks | A/Prof Yong Tze Tein |
| 1010 – 1025 | BREAK | |
| 1025 – 1110 | Egg, fertilization and embryo – Practical Conversations with your embryologist | Ms Carine To Chiou Fen Dr Lisa Webber Ms Ong Mei Jing Eunice |
| 1110 – 1140 | Embryo transfer – The norm and special situations | Dr Yu Su Ling |
| 1140 – 1225 | When the first cycle fails – How do we explore | Dr Andrew Kan |
| 1225 – 1255 | Egg freezing – Counselling the right candidate | Dr Lisa Webber |
| 1255 – 1340 | LUNCH | |
| 1340 – 1410 | Fertility and IVF stimulation in patients with Endometrial Hyperplasia – Comprehensive update | Dr Goh Shu Ying Charissa |
| 1410 – 1440 | How to use published national data to benchmark how your IVF unit is faring? | Dr Andrew Kan |
| 1440 – 1510 | Fertility preservation in breast cancer | Dr Serene Lim |
| 1510 – 1540 | Vaginismus & stress of sex – How do you optimise fertility | Dr Tan Tse Yeun |
| 1540 – 1555 | BREAK | |
| 1555 – 1625 | Genetic Evaluation of the infertile couple – From pre-conception to PGD and NIPT | Dr Yang Li Ying |
| 1625 – 1710 | Practising IVF – What do we do for this patient session | A/Prof Yong Tze Tein |
| 1710 – 1720 | Evaluation and closing | Dr Selina Chin |

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DAY 3: 27 APRIL 2024 (SATURDAY)

| Time | Topic | Speakers |
|-------------|--|---|
| 0830 – 0900 | Fertility preservation for the endometriosis patient: practical considerations | Prof Luk Rombauts |
| 0900 – 0930 | Fertility in size “0” – best practices | Dr Lisa Webber |
| 0930 – 0950 | Sperm preservation in men with cancer – Who, when and why? | Dr Ee Tat Xin |
| 0950 – 1005 | BREAK | |
| 1005 – 1035 | Elective Sperm freezing / Pros and Cons, the debate | Dr Suresh Nair (for Pros) Dr Ee Tat Xin (for Cons) Dr Hemashree (Chairperson) |
| 1035 – 1120 | Recurrent implantation failure – How can we maximise success | Dr Liu Shuling |
| 1120 – 1150 | Endometrial receptivity assays: Time for an update | Prof Luk Rombauts |
| 1150 – 1200 | Evaluation and closing | Dr Selina Chin |



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REGISTRATION FORM

SECTION A: REGISTRATION FEE (excluding 9% GST)

- Early bird (until 29 Feb 2024): SGD 300
- Normal (1 Mar 2024 onwards): SGD 450

SECTION B: PERSONAL PARTICULARS

| | | | |
|---|---|--|--|
| Name | : | Institution | : |
| <i>(Name indicated will be reflected in the certificate upon course completion)</i> | | <i>(as of course date)</i> | |
| Job Designation | : | Department | : |
| | | <i>(as of course date)</i> | |
| Professional Reg. No | : | Contact No | : |
| Email | : | Meals | : |
| | | <i>(Food provided is Halal certified)</i> | <input type="checkbox"/> Kindly tick for Vegetarian option |
| Vaccination Status | : | <input type="checkbox"/> Pax must be fully vaccinated (if not contraindicated) | |
| | | <i>Proof of vaccination might be required to be shown on course day.</i> | |

For Non-SingHealth Staff and Residents only:

- By ticking this box and providing the information set out here, I hereby;
 - consent to disclose my personal data for the delivery of the courses/programmes I have registered with SingHealth Duke-NUS Institute of Medical Simulation (SIMS), as well as for the dissemination of marketing materials on upcoming events.
 - confirm that I have read and understood the SingHealth Data Protection Policy, which is made available at <http://www.singhealth.com.sg/pdpa> (hard copies are also available upon request).
 - understand that I can email sims.sssc@singhealth.com.sg to withdraw my consent on the disclosure / usage of my personal data and that the request would be processed in two calendars weeks.
 - confirm that my consent and/or withdrawal herein does not supersede or replace any other consents which I may have provided to SingHealth and its related corporations and authorised service providers, and are additional to any rights which SingHealth may have at law, to collect, use or disclose.

SECTION C: PAYMENT METHOD

- TELEGRAPHIC TRANSFER
(For overseas payment only)
- INTERNET BANKING / PAYNOW
- INVOICE
(Company sponsored)

SECTION D: CANCELLATION AND POSTPONEMENT POLICY

| | | |
|---|---------------------------|-------------------------------------|
| Informed SIMS (in writing / email) | Amount refundable: | |
| More than 2 weeks from course date | Full refund | Informed by 11 April 2024 |
| Less than 2 weeks from course date | No refund | Informed after 11 April 2024 |

- Replacement of eligible participants is allowed.
- SIMS reserves the right to cancel the course and fully refund the participants should unforeseen circumstances necessitate it.

Please email the completed application form to sims.sssc@singhealth.com.sg.

