



RHEUMATOLOGY

SENIOR RESIDENCY PROGRAMME



*Living My Love
of Medicine*

DISCOVER THE RHEUMATOLOGY SENIOR RESIDENCY PROGRAMME

Rheumatology is the specialty for you if you enjoy the challenges of clinical medicine and its diversity as well as maintaining long-term relationships with your patients.

At Singapore General Hospital (SGH), the Department of Rheumatology and Immunology, we are committed to training the next generation doctors to be patient-centric and academically-inclined Rheumatologists. With our dedicated Faculty members, our one-stop Autoimmunity and Rheumatology Centre (ARC) and vast clinical and research resources, we are focused on providing you the best learning experience needed to fully realise your potential to be a skilled practitioner and consultant in the rheumatic diseases.

As a Senior Resident in our Department, you will be working in the Rheumatology department of Singapore's largest tertiary teaching hospital. Our mission is to deliver state-of-the-art, cost-effective, holistic care for patients and to foster a collegial environment for learning, teaching and research. With over 20,000 ambulatory visits a year, our department has a large pool of patients with a wide spectrum of rheumatological and immunological conditions. You will participate in the management of these patients and develop your clinical acumen in both medicine and autoimmune diseases.



YOUR LEARNING EXPERIENCE

At the Musculoskeletal Ultrasound Clinic, you will be trained to perform musculoskeletal ultrasound to detect synovitis in the small joints. In addition, you will have a two-week attachment to the Department of Paediatric subspecialties at the KK Women's and Children's Hospital (KKH). This will give you the opportunity to learn about Paediatrics and adolescent rheumatic diseases in both the inpatient and outpatient settings. To further enhance your learning, you can participate in on-going departmental research activities and learn the concepts and intricacies of research in Rheumatology.

RANGE OF LEARNING OPPORTUNITIES

Apart from the usual bedside teaching and hands-on learning, our robust training programme includes weekly grand ward rounds, engaging lectures, journal clubs, tutorials and other important courses offered by the Centre For Resident and Faculty Development (CRAFD). Senior Residents will attend a series of bi-weekly National Core Rheumatology Series lectures together with your counterparts in the other hospitals.

Senior Residents who are interested in doing research will receive opportunities to work in research laboratories doing basic research or participate in clinical research. Through our partnership with Duke-NUS Medical School and other research institutions, there are ample learning opportunities that you can take advantage of.

PASSIONATE AND DEDICATED FACULTY

At the Department of Rheumatology and Immunology, we believe in letting you grow and discover your passion in clinical care, education and/or research. Through our team of dedicated and passionate Faculty with many years of teaching experience, you can be assured that you will be guided and tutored in your journey with us. The Faculty enjoy teaching at various levels and strive to enhance teaching beyond Rheumatology, with emphasis on professionalism, interpersonal and communication skills.

MOST COMPREHENSIVE TRAINING IN RHEUMATOLOGY

Our Autoimmunity and Rheumatology Centre (ARC) was set up with Residents in mind. The rooms are designed such that you will have access to your supervisor next door and an Advanced Nurse Practitioner nearby. The ARC also houses multi-purpose rooms that are designed to be converted to tutorial rooms for teaching of students and Residents.

To ensure that you have the highest level of competency in managing the most complicated and difficult Rheumatology cases, you will be attached to subspecialty clinics like Systemic Lupus Erythematosus, Scleroderma, Rheumatoid Arthritis, Spondyloarthritis and Psoriatic Arthritis Clinics. In

OVERALL EDUCATION GOALS

- ▶ Provide comprehensive, evidence-based and cost-effective diagnosis, investigation and management of patients with rheumatic disease.
- ▶ Counsel patients and the broader community on the prevention of and rehabilitation in rheumatic diseases.
- ▶ Communicate effectively and compassionately with referring primary care physicians, specialists in medical subspecialties, surgeons, allied health professionals, patients and their families on the continuing care of rheumatology patients.
- ▶ Communicate constructively and effectively with other Rheumatologists and physicians (especially referring physicians) as well as other healthcare professionals.
- ▶ Function as a member of the healthcare team and coordinate the team as appropriate.
- ▶ Contribute to the education of students, other physicians, other healthcare professionals, their patients and their families.
- ▶ Perform necessary technical skills specific to the management of patients with rheumatic diseases.
- ▶ Maintain complete and accurate medical records.
- ▶ Undertake accurate self-appraisal, develop a personal continuing education strategy and pursue lifelong mastery of Rheumatology to maintain and improve professional skills.
- ▶ Understand and critically appraise the design, implementation and interpretation of published research and apply it relevantly to patient care.

YOUR CAREER PROSPECTS & DEVELOPMENT

After your successful completion of the programme, you can choose one of three tracks that are currently available in our institution. You can choose to become an excellent clinician, a quality clinician educator or a pioneering clinician researcher. All three tracks are equally valued in our department as they are all essential in helping us achieve our vision.



HEAR FROM OUR RESIDENTS

“ SingHealth Residency provides a challenging environment for me to explore my interests and expand my competencies. Under the tutelage of the best physicians in the field, I have gained clinical experience and built long-term relationships with my patients.

DR NUR EMILLIA BINTE ROSLAN
Rheumatology Senior Resident, Year 2018

“ Rheumatology Senior Residency programme in SingHealth has the right balance of academic challenge and a wide array of cases for a well-rounded training experience. Our Faculty are excellent role models in clinical and research, and play a key role in mentoring us into well-rounded clinicians.

DR CHUAH TYNG YU
Rheumatology Senior Resident, Year 2018

GET IN TOUCH

Email us
rhi.admin@sgh.com.sg



www.singhealthresidency.com.sg



residency@singhealth.com.sg



www.facebook.com/SingHealthResidency



PATIENTS. AT THE HEART OF ALL WE DO.®

