



REHABILITATION MEDICINE

SENIOR RESIDENCY PROGRAMME



*Living My Love
of Medicine*

DISCOVER THE REHABILITATION MEDICINE SENIOR RESIDENCY PROGRAMME

An acute illness or injury can affect the way people move, communicate and function. This can prevent them from fulfilling their roles in life. Rehabilitation Medicine (also known as Physiatry), is the branch of medicine focusing on the prevention, diagnosis, treatment and rehabilitation of disorders that cause functional impairment.

Compared to other medical specialties, Rehabilitation Medicine is a unique field that provides holistic management of patients issues. By closely working as a team with other specialties, Rehabilitation physicians treat a wide range of illnesses from neurological, musculoskeletal, medical and surgical specialties.

If you wish to make a difference to patients' lives after a serious illness or wonder what happens to a patient after a debilitating illness such as stroke, brain and spinal cord injury or limb amputation, come speak to us and do consider a career in Rehabilitation Medicine.

YOUR LEARNING EXPERIENCE

ROBUST AND COMPREHENSIVE PROGRAMME

The SingHealth Rehabilitation Medicine Senior Residency programme offers a robust and comprehensive educational experience to prepare graduates to enter specialist practice as a Rehabilitation Medicine physician in Singapore.

Our programme taps on the breadth and depth of clinical services that Singapore General Hospital (SGH) has to offer. Expect similar comprehensive clinical rotations at Changi General Hospital (CGH), where you will have the opportunity to widen your range of clinical exposure and training.

GET THE BEST OF BOTH WORLDS IN REHABILITATION CARE

As a Rehabilitation Medicine physician, you get the best of both worlds. Besides working closely with colleagues to manage acute conditions such as stroke and traumatic brain injuries, you also care for patients in the subacute phase and over the course of their recovery.

OUR CURRICULUM

Senior Residents seeking specialisation in Rehabilitation Medicine will complete three years of training. With clinical rotations at SGH and CGH. You will also have the opportunity to work at the upcoming Gait Lab in SGH as well as a range

of inpatient and outpatient settings, including opportunities for exposure at community hospitals and community based rehabilitation facilities.

REWARDING WORKING ENVIRONMENT

Here at Rehabilitation Medicine, we value teamwork. You will be immersed in a rewarding working environment. Learn to lead a team and work closely with colleagues and healthcare professionals from diverse fields including physiotherapists, occupational therapists, rehabilitation nurses, speech therapists, social workers, dieticians, prosthetists and physicians from other specialties.

RESEARCH POTENTIAL

With advances in the understanding of interactive media, neuroscience and musculoskeletal functions, Rehabilitation Medicine research is now undergoing a paradigm shift with wonderful opportunities ahead. The Rehabilitation Medicine community at SingHealth has exciting projects and collaborations with partners from other medical fields, commercial bodies and tertiary institutions to further research in the field.

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Month	1	2	3	4	5	6	7	8	9	10	11	12
SR1	FOUNDATION (CORE) ROTATION (SGH) - Integration of basic sciences with clinical knowledge - Mainly Neuro Rehabilitation experience - Inclusive of Musculoskeletal and Cancer Rehabilitation									Community Hospital	IM/GRM (CGH)	
SR2	NEUROLOGICAL REHABILITATION ROTATION (SGH) Stroke, Traumatic brain Injury and Spinal Cord Injury in focus			MUSCULOSKELETAL REHABILITATION ROTATION (CGH) Musculoskeletal Rehabilitation and Amputee/prosthetics Rehabilitation			ELECTRODIAGNOSTIC MEDICINE ROTATION (SGH/CGH) Neurophysiological Study (NCS, EMG)			Community Hospital	IM/GRM	
SR3	ELECTIVE ROTATIONS - Pain Management - Cancer Rehabilitation - Paediatric Neurorehabilitation				FINAL CLINICAL ROTATION (SGH/CGH) Either Neurorehabilitation or Musculoskeletal Rehabilitation				Community Hospital	IM/GRM		

* Foundation: Series of lectures or recordings given within initial month which serves as an introduction to main rehabilitation topics.
 ** Electives: Up to two postings in relevant clinical areas to be done locally. List of possible postings include Cardiopulmonary Rehabilitation, Neurophysiology Study (EMG, NCS), Pain Management, Paediatrics Rehabilitation, Cancer Rehabilitation and Sports Medicine

YOUR CAREER PROSPECTS & DEVELOPMENT

Rehabilitation Medicine physicians can look forward to exciting career prospects at SingHealth. We have an established clinician practitioner path which offers a combination of inpatient and outpatient care within an acute care hospital setting.

Rehabilitation Medicine physicians in SingHealth also hold teaching positions and participate in undergraduate and postgraduate teaching at the National University of Singapore and Duke-NUS Medical School.

In addition, Rehabilitation Medicine physicians contribute significant services to the Department of Internal Medicine every year.

HEAR FROM OUR RESIDENTS

“ I have gained knowledge in enabling my patients who are usually affected by acute or chronic illnesses to regain their functional status. I find fulfillment in providing comprehensive care for my patients and being part of a multidisciplinary team that aims to deliver quality care to our patients.

DR TAN PEI LING
 Rehabilitation Medicine Senior Resident, Year 2018

“ Holistic, multidisciplinary, caring – that is how Rehabilitation Medicine is often described, which is very true! However, what I love most is the sheer satisfaction you get from seeing a disabled patient improve functionally under your care, and being active at home and in the community. The deep relationships of mutual friendship and trust you develop transcend the usual doctor-patient interactions I experience in other disciplines. Rehabilitation Medicine is also an exciting and developing field, with the adoption of ultrasound imaging and procedures, assistive technology, and robotics – just to name a few.

DR MOSES KOH MINGHE
 Rehabilitation Medicine Senior Resident, Year 2018



GET IN TOUCH

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