



POSTGRADUATE YEAR 1 (PGY1)

*Living My Love
of Medicine*

DISCOVER THE SINGHEALTH PGY1 PROGRAMME

The SingHealth PGY1 programme is supported by SingHealth's rich legacy in medical education with strong emphasis placed on nurturing healthcare leaders of tomorrow. We look forward to providing you with a strong foundation in multiple clinical disciplines designed to meet your personal goals. Our curriculum offers diverse clinical experiences, dynamic learning activities and a conducive learning environment complemented by Faculty dedicated to medical education.

Our team of dedicated Faculty comprises passionate healthcare professionals from all fields of Medicine including Surgery, Medicine, Paediatrics, Obstetrics & Gynaecology, Orthopaedic Surgery, Emergency Medicine and other subspecialties across the SingHealth hospitals. Come speak to us to find out more.



YOUR LEARNING EXPERIENCE

A dynamic and diverse one-year training programme, the SingHealth PGY1 programme is specially designed to provide you with broad-based clinical training. It will certainly prepare you well for specialisation. This programme will fit you well if you fall into one or more of the following scenarios:

- Wish to seek one year of fundamental clinical education in SingHealth hospitals and institutions
- Wish to rotate to various specialties within SingHealth to assist you in making a career choice or specialty selection

CROSSING DISCIPLINES ACROSS THE COUNTRY

SingHealth offers the largest number of clinical specialties and has a comprehensive range of patient case-mix in Singapore. This broad-based exposure allows you to enhance your confidence while sharpening your mind-set and skills as a physician. You will gain invaluable exposure as you take on a wide spectrum of clinical cases.

TAILOR YOUR EDUCATION FOR THE RIGHT FIT

There is something for every SingHealth PGY1. Take your pick from a wide range of specialties and subspecialties, in addition to a wide variety of academic activities including educational conferences, case conferences and topic reviews. All SingHealth PGY1s can expect the same high quality educational programme during their Medicine and Surgery rotations, which Residents of other programmes experience.

OUTSTANDING FACULTY AS DEDICATED MENTORS

SingHealth has a pool of outstanding Faculty, all well-known leaders in their respective specialties. Always ready to share their knowledge and insights, our dedicated mentors give their all when nurturing future physicians. As a SingHealth PGY1, you will learn from experienced Faculty from our hospitals and institutions.

MAIN INFORMATION ON TRAINING SITE

SingHealth PGY1 rotations take place at SingHealth hospitals – Singapore General Hospital (SGH), KK Women's and Children's Hospital (KKH), Changi General Hospital (CGH) and Sengkang General Hospital (SKH). SingHealth PGY1s will benefit from the Medicine and Surgery postings, gaining a broad exposure to hone their fundamental clinical skills. At the same time, SingHealth PGY1s will undergo compulsory postings as part of the Singapore Medical Council (SMC) requirement for licensing.

YOUR CAREER PROSPECTS & DEVELOPMENT

During your SingHealth PGY1 training, you will have the opportunity to rotate to various clinical specialties, and be exposed to a wide range of clinical cases, as well as interact with different specialists from varying fields. You will gain invaluable experience as a clinician and be empowered for a stellar future when you choose your area of specialisation later on.



SELECTION CRITERIA

As part of your learning and training experience, we strongly encourage you to be an integral member of the patient care team and to participate in our various education activities. If you are a focused individual, a solid team player and a go-getter, we believe that your medical career would benefit very much from this programme. We sincerely invite you to discover more about our programme and would be glad to answer any queries you may have. We hope to have you join our programme as you chart your path ahead in the exciting world of Medicine.

HEAR FROM OUR PGY1s

“ One aspect that has helped in the learning and training are the enthusiastic Faculty members who are happy to teach and share their knowledge with junior doctors. My experience working in SingHealth hospitals and institutions has been great and I would recommend SingHealth as the healthcare cluster of choice for future PGY1s.

DR PENG KAITIAN

Duke-NUS Medical School Alumnus

“ As the largest healthcare cluster in Singapore, SingHealth gave me the breadth of clinical experience required to hone my skills. The various national centres allowed me to learn from specialists at the forefront of their field. This provided me with flexibility to explore my interests while the comprehensive range of subspecialties in the SingHealth cluster gave me precious insights to better plan my future.

DR SHEN TONG

NUS YLL SoM Alumnus

“ The SingHealth PGY1 programme appealed to me because of the significant patient case load and the wide spectrum of cases at SingHealth hospitals and institutions. Not only does this offer junior doctors the opportunity to apply their knowledge, it also provides guidance under the senior mentors who have a wealth of clinical experience.

DR CHAN SHU WEN NICOLE

NUS YLL SoM Alumna

GET IN TOUCH

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