



# ORTHOPAEDIC SURGERY

RESIDENCY PROGRAMME

*Living My Love  
of Medicine*

# DISCOVER THE ORTHOPAEDIC SURGERY RESIDENCY PROGRAMME

As an Orthopaedic Surgeon, you get to be part of a special group of healthcare professionals who assist patients with diseases afflicting the musculoskeletal system, helping them to regain their body function. The scope of Orthopaedic Surgery is very wide, including clinical work, research for new ways to treat cartilage injuries and defects, as well as management of poly-trauma patients.

Here at SingHealth, we have a wide range of clinical experiences and patient case-mix. Orthopaedic Surgery's teams of outstanding Faculty is more than happy to walk with you along your Residency training journey. We will provide you with a robust and well-structured training programme to

help you achieve your career goal of becoming a capable Orthopaedic Surgeon. We are looking for Residents who are committed individuals, willing to take up the challenge to be the next generation of Orthopaedic Surgeons. Are you a team player who is willing to do research as well as be adaptable and open to new ideas to forge ahead at the frontier of managing Orthopaedic conditions? You will find the programme a perfect fit for your abilities.

A six-year structured programme, the Orthopaedic Surgery Residency programme at SingHealth will equip you with the knowledge, skills and attitudes required of an Orthopaedic Surgeon. With a supportive educational environment, you will develop into a well-rounded Orthopaedic Surgeon capable of dealing with the multitude of problems that afflict the musculoskeletal system: musculoskeletal trauma, congenital disorders, sports injuries or degenerative diseases. Training will comprise of clinical activities, didactic lectures, dedicated research time and regular weekly conferences.

As a Resident, you will function as an invaluable member of the healthcare team and participate in ward rounds, outpatient specialist clinics and surgeries. With comprehensive training, timely supervision, formative assessments and nurturing mentors, you can expect great progress from one year to the next.

## OUR SUBSPECIALTY AREAS

- Spine Service
- Foot and Ankle Service
- Adult Reconstruction (AR) Service
- Sports Service
- Musculoskeletal Tumour Service
- Orthopaedic Trauma Service
- Hand Surgery Service
- Paediatric Service

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## SINGAPORE'S WIDEST CASE-MIX

As the largest public healthcare cluster in Singapore, SingHealth sees a comprehensive range of patient cases. The variety and complexity of the case-mix provides you with wide exposure to clinical cases, allowing you to gain different perspectives and cultivating your skills as an Orthopaedic Surgeon.

## STATE-OF-THE-ART ORTHOPAEDIC DIAGNOSTIC CENTRE

SingHealth Orthopaedics is supported by a specialised Orthopaedic Diagnostic Centre (ODC), the only one of its kind in Singapore. The centre was set up to track clinical outcomes in an objective manner for a variety of Orthopaedic procedures. These outcomes have been benchmarked against internationally published data from the leading Orthopaedic centres in the world, subsequently revolutionising the thought process of trainees during their attachment with us. The quantity and quality of data collected has allowed the ODC to contribute to research that has led to numerous peer-reviewed publications.

## ILLUSTRIOUS AND COMMITTED FACULTY

We have a strong pool of senior surgeons who are internationally recognised in the field of Orthopaedics. Passionate about raising the next generation of Orthopaedic Surgeons, they have published and lectured extensively, demonstrating a high commitment to medical and academic excellence. With competency-based, structured assessments and regular feedback by mentors on your progress, you are equipped to learn effectively. There will be a graduated increase in responsibilities for clinical work from observation, assisting, supervised to independent stages.

## YOUR LEARNING EXPERIENCE

## YOUR CAREER PROSPECTS & DEVELOPMENT

Career prospects are stellar. As Singapore grapples with the challenges of an ageing population, Orthopaedics is set to become an important specialty as demand for specialists who deal with degenerative conditions continues to rise. With more people leading an active lifestyle and taking up sporting activities, there will be an increase in demand for Orthopaedic Surgeons who are able to deal with sport injuries.

Based on your interest, you may wish to embark on one of our career tracks to further pursue your interest. This includes the Clinicians, Clinician Scientists, Clinical Educators and Clinician Administrators tracks. Once you have completed Residency, you will join the ranks as an Associate Consultant and may be offered employment at one of the SingHealth Institutions.

## A WEALTH OF RESEARCH OPPORTUNITIES

The Clinician Scientist (CS) Residency Track includes a three-month intensive research attachment with research units that require all CS to be involved in research activities on a weekly basis. Under the CS Track, Residents will also complete a two-year part time Master of Clinical Investigation programme offered by NUS comprising coursework and a research component, while undergoing your clinician education. The two-year programme will commence in Year 4 of your training. The training period for CS will be a total of seven years, one year longer than the Clinician Track.

## HEAR FROM OUR RESIDENTS



The SingHealth Orthopaedic Surgery Residency programme provides ample education and research opportunities, allowing for an all-rounded training experience. Aspiring orthopods get to learn from the best and most talented Orthopaedic surgeons among the SingHealth institutions. Above all, the friendships and esprit de corps forged between fellow Residents and Faculty make for a gratifying and memorable journey together.

**DR COLIN WANG TZONG-YEE**

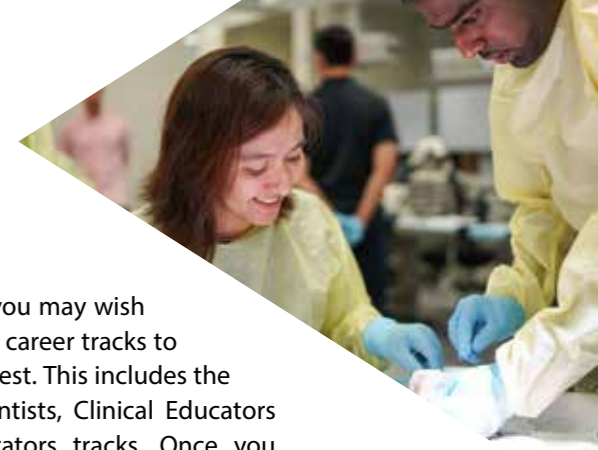
Orthopaedic Surgery Resident, Year 2018  
*NUS YLL SoM Alumnus*



The SingHealth Orthopaedic Surgery Residency programme is challenging, yet extremely rewarding. With a high patient volume, coupled with a strong Faculty, the programme equip aspiring orthopaedic surgeons with research opportunities as well as essential core knowledge and surgical skills for the management of orthopaedic conditions. The Faculty is very approachable, which makes the learning journey a fruitful and enjoyable one.

**DR LIM BENG TECK JASON**

Orthopaedic Surgery Resident, Year 2018  
*University of Glasgow Alumnus*



# GET IN TOUCH

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