



INTERNAL MEDICINE

RESIDENCY PROGRAMME

*Living My Love
of Medicine*

DISCOVER THE INTERNAL MEDICINE RESIDENCY PROGRAMME

Since its inception in 2010, the SingHealth Internal Medicine (IM) Residency programme has been structured and evolved according to Residents' needs. The programme has developed an individualised approach to cater to each Resident's personal development needs with one-to-one mentoring and career guidance.

IM Residents have a rich experience in clinical medicine as SingHealth has the widest case-mix from the various clinical subspecialties and national specialty centres. Residents also have ample opportunities to further develop their skills in research, medical education and quality improvement to enrich your clinical training.

Despite the large number of Residents, IM Residents remain a cohesive group. The camaraderie is one of the memorable experiences Residents will appreciate in the programme. Through Residents' own initiatives, they have come together to develop successful peer-led programmes such as CADENCE (postgraduate examination support), REACH and INSPIRE (undergraduate teaching programme) which have benefitted many levels of learners in the institutions.

Let us be part of your journey in becoming physicians who will create a better tomorrow for our patients!



YOUR LEARNING EXPERIENCE

The IM Residency programme at SingHealth is a three-year programme that offers a balance of inpatient and ambulatory experiences, combined with a wide-ranging curriculum. The programme is designed to provide you with broad-based knowledge, excellent clinical skills, and necessary attitudes to be Clinician leaders of the future.

LEARN FROM LEADING CLINICIANS IN SINGAPORE
IM clinicians are not only well known for their skill, vast experience and dedication to patients, but are also strongly committed to your training. Be personally mentored by some of the most inspiring clinicians in Singapore.

STRONG COMMUNITY OF RESIDENTS LED BY CHIEF RESIDENT AND RESIDENTS' COMMITTEE
Benefit from Resident-led peer-support initiatives e.g. CADENCE (PACES support), COMPASS (orientation), REACH (Resident-as-teachers).

SEAMLESS PROGRESSION TO EXCELLENT ADVANCED TRAINING PROGRAMMES AT SINGHEALTH CENTRES
Joining the SingHealth IM Residency is the first step of your postgraduate training and long-term career. We work closely with Senior Residency programmes to provide Residents with early exposure to their Subspecialty interests and to facilitate their subsequent career progression.

Our programme leverages on SingHealth's strengths to offer you the finest training in large tertiary and regional hospitals as well as national subspecialty centres. In addition to Internal Medicine, our Residents also have a wide choice of elective rotations into other medical subspecialties such as Haematology, Medical Oncology, Endocrinology, Renal Medicine, Rheumatology, Rehabilitation Medicine, Palliative Medicine, Dermatology, Gastroenterology and Infectious Disease.

UNRIVALLED CLINICAL EXPERIENCES
SingHealth has the largest number of clinical subspecialty departments, the most comprehensive clinical services, and

YOUR TRAINING SITES IN SINGHEALTH

The IM programme leverages on SingHealth's strengths to offer you the finest training in IM. Training takes place at three main sites – Singapore General Hospital (SGH), Changi General Hospital (CGH) and Sengkang General Hospital (SKH). Rotations may also include National Cancer Centre Singapore (NCCS), National Heart Centre Singapore (NHCS) and National Neuroscience Institute (NNI). These are three renowned national referral centres that will greatly enrich your working and learning experience.

All IM Residents will do the following core rotations – Cardiology, Neurology, Respiratory and Critical Care Medicine, Emergency Medicine, Geriatric Medicine and IM. In addition, Residents also have a choice of elective rotations, including Haematology, Medical Oncology, Endocrinology, Renal Medicine, Rheumatology, Rehabilitation Medicine, Palliative Medicine, Dermatology, Gastroenterology and Infectious Disease.

YOUR CAREER PROSPECTS & DEVELOPMENT

SingHealth has the largest number of Senior Residency training positions amongst all sponsoring institutions. After successful completion of IM Residency, Residents are eligible to apply for Subspecialty Senior Residency programmes. At SingHealth, there are 14 excellent Senior Residency Programmes and IM Residents are also eligible to apply for the national Dermatology and Nuclear Medicine programme.

As you work with peers and Faculty, you will build networks and grow strong professional and emotional ties. At SingHealth, IM Residency and Senior Residency programme are one continuous educational journey, and actively facilitate this progression. Our Senior Residency Faculty, who are also our IM faculty, will be working closely with you throughout Residency. Hence, the transition from Residency to Senior Residency within an institution is relatively seamless.



A WEALTH OF RESEARCH OPPORTUNITIES

The Clinician Scientist (CS) Residency track starts formally in Senior Residency. Nonetheless, there is a wealth of research opportunities for IM Residents. At SingHealth, we have formed a research interest group to link interested Residents to CS mentors, providing opportunities to learn, collaborate and be inspired. There are also individualised research electives, project opportunities and training programmes.

HEAR FROM OUR RESIDENTS

“ Opportunities - something SingHealth IM Residency does not lack. Not only are we exposed to a high volume of patients with complex and rare conditions, there is also access to a wide range of cutting-edge treatments. What made the difference was a strong culture of teaching and mentoring. For those interested in research, there are many mentors who would take you under their wings to guide you.

Most importantly, I chose SingHealth IM because the Faculty are committed to the well-being of every single Resident. This is a family I am proud of.

DR KENNEDY NG
IM Resident, Year 2018
NUS YLL SoM Alumnus

“ I chose SingHealth Residency primarily because I “grew up” as a medical student in the SingHealth cluster. Apart from practical reasons like being familiar with the culture and people, I wanted to stay connected to the cluster in the long-term and shape the teaching environment for my juniors, both in formal and informal settings.

DR WU HONG KING
IM Resident, Year 2018
Duke-NUS Medical School Alumnus

GET IN TOUCH

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