

00316 Effectiveness of Hanen It Takes Two to Talk in Singapore

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Aims: The Hanen It Takes Two To Talk Program (ITTTT) is a parent training program for parents of children aged 0 to 5 years old with language delays. Parents learn to help their children understand and use language through everyday activities. While ITTTT is recognized internationally, there has only been one study thus far to determine its effectiveness in Singapore. The aim of the present study is to examine the use of ITTTT in Singapore from both a clinical and parental perspective.

Methodology: Parents of 5 children aged 1 to 3 years old, who were either at risk of delay or had mild to moderate language delays were included in the study. The effect of ITTTT on each child's pre- and post-intervention receptive and expressive vocabulary, as well as parental reflections on the program were examined using the Singapore English Communicative Development Inventory (Words and Gestures) and a feedback form which were both filled up by parents.

Result: Overall, parents thought ITTTT was helpful, giving it a rating of 4 to 5 out of 5. All 5 children and 4 out of 5 children demonstrated an increase in receptive and expressive vocabulary respectively, with some children demonstrating an increase in variety or length of utterances. Although there was no increase in expressive vocabulary for 1 child, he demonstrated improved turn taking skills when communicating.

Conclusion: ITTTT was a helpful program for these 5 parents to facilitate their child's language development in terms of receptive and expressive vocabulary, utterance length and turn-taking. Further research is needed with a larger sample size and comparison to a control group to determine efficacy of the use of ITTTT in Singapore.