



# SingHealth ENT Head & Neck Instructional Course Fortnight 2023

## Thyroid US and RFA workshop

21 August 2023, Monday

The Innovation Centre, SingHealth Tower



### WHO SHOULD ATTEND

- ENT surgeons
- Head & Neck Surgeons
- Interventional Radiologists
- Endocrinologists

### INTRODUCTION

It is my pleasure to invite you to the Thyroid US & RFA workshop, organized during the SingHealth ENT Fortnight this year. The ultrasound is a simple, non-invasive and yet powerful tool that can help clinicians make a quick diagnosis in their clinic. A good understanding of the thyroid and other relevant neck anatomy on ultrasound facilitates interventional procedures which are becoming commonplace in the management of thyroid and other neck diseases.

This workshop is curated with the ENT surgeons, Head & Neck Surgeons, Radiologists and Endocrinologists in mind, as evident by our multi-disciplinary faculty team. We are fortunate to be graced by two international RFA experts, Professor Jung Hwan Baek and A/Prof Catherine Sinclair who are delivering keynote lectures during the workshop. Live demonstration of thyroid RFA by our local RFA expert, Dr Too Chow Wei, is one of the highlights of the workshop. The hands-on session will allow participants the opportunity to interact, learn and practice ultrasound techniques and procedures, guided by both our local and international faculty team.

### COURSE OBJECTIVES

- Understand neck anatomy on ultrasound
- Understand thyroid anatomy on ultrasound
- Perform ultrasound guided needle aspiration and core biopsies with the right technique
- Understand the physics of radio-frequency ablation
- Perform RFA of thyroid nodules with precision over time

### OVERSEAS FACULTY



Prof Jung Hwan Baek  
Radiologist and Professor,  
University of Ulsan College  
of Medicine, South Korea



A/Prof Catherine Sinclair  
VMO Department of Otolaryngology  
Head and Neck Surgery, Monash  
Medical Center, Australia

TIME (HRS)	TOPIC
0830 – 0900	Registration
0900 – 0910	Opening Address
0910 – 0930	Principles of Ultrasound
0930 – 0950	Ultrasound imaging of the thyroid
0950 – 1010	Radiofrequency ablation of benign thyroid nodules
1010 – 1030	Radiofrequency ablation of thyroid malignancies
<b>1030 – 1050</b>	<b>BREAK</b>
1050 – 1150	Live cases of RFA
1150 – 1210	Ultrasound imaging of the neck
1210 – 1230	Ultrasound-guided needle and core biopsies – how do I do it?
<b>1230 – 1330</b>	<b>LUNCH</b>
1330 – 1700	Practical Hands-on session

**\*COURSE FEE (subject to prevailing tax) | REGISTER BY 31 JULY 2023 for bundled discount**

Specialist	Trainee, Nurse, Allied Health
SGD500	SGD300
For enquires, please email to <a href="mailto:sims.sssc@singhealth.com.sg">sims.sssc@singhealth.com.sg</a>	



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