



# HAND SURGERY

RESIDENCY PROGRAMME

*Living My Love  
of Medicine*

# DISCOVER THE HAND SURGERY RESIDENCY PROGRAMME

The perfect embodiment of form and function is seen in the hand; the organ most associated with being human. The hand allows us to interact, experience and manipulate our physical environment. It is also the most visible part of our body, next to the face. The age of the person can be seen not only in the face, but in their hands.

Hand Surgery is a unique specialty. It is clean and you get to work with state-of-the-art instruments and implants. You will learn fine soft tissue handling techniques, raise intricate flaps, perform microsurgery, fix fractures and replace joints. It's a specialty that combines Orthopaedic Surgery, Plastic Surgery, Vascular Surgery, Neurosurgery and Microsurgery into one single specialty. If you fancy minimally invasive surgery, there is also arthroscopy of the wrist, elbow and hand.

Due to the complex nature of the hand, there is still much room for growth and development in this specialty. Research opportunities are aplenty and is strongly supported by the department, the Wrist Analysis Research Laboratory, and the state-of-the-art Biomechanics Laboratory located at Academia, Singapore General Hospital (SGH) Campus.

At SingHealth, we nurture Residents to be technically competent and to have a strong grounding in knowledge and concept. We expect them to be dynamic so as to develop important cognitive processes that will make them excellent Hand Surgeons. We aim to produce Hand Surgeons who are strong clinically and academically; in research as well as education.



## YOUR LEARNING EXPERIENCE

The SingHealth Hand Surgery Residency programme is a six-year programme that will equip you to be a proficient Hand Surgeon, affiliated to a nationwide Hand Surgery specialist training programme that is a world-first. Residents are trained to manage all conditions affecting hand and upper limb function.

### CLOSE-KNIT FACULTY, PERSONALISED MENTORSHIP

Learn from outstanding and dedicated Faculty who are fellowship trained at internationally renowned centres of excellence in the United States, the United Kingdom and Asia. A close-knit team, our Faculty will ensure that you receive personalised mentorship along your journey to becoming a competent hand surgeon.

### GREAT SCOPE OF SURGICAL CASE-MIX

As the nation's largest and leading public healthcare cluster, SingHealth offers a diverse case-mix with network of three hospitals, five national specialty centres and

nine polyclinics. We offer a comprehensive span of patient cases, ranging from routine cases to rare and complex conditions, giving Residents infinite learning opportunities.

### RENOWNED RESEARCH AND INNOVATION

There are extensive opportunities for you to embark on basic and translational research, supported by the Wrist Analysis Research Laboratory and the Biomechanics Laboratory at Academia, SGH Campus. If you have a passion for research, the Hand Surgery Residency programme offers you a well-structured pathway to become a dedicated Clinician Scientist (CS).

### ROBUST TEACHING PROGRAMME AND BRIGHT OPPORTUNITIES

Residents will benefit from a well-organised teaching programme incorporating the hand surgery national training programme. Residents are encouraged to join the activities organised by the Chapter of Hand Surgeons and the Singapore Society of Hand Surgery. These will provide ample education opportunities for you.



## YOUR CAREER PROSPECTS & DEVELOPMENT

SingHealth is the largest and leading public healthcare cluster in Singapore. The new Sengkang General Hospital will provide a wider case-mix in addition to the current centres in SGH and KK Women's and Children's Hospital (KKH). Ample opportunities for career advancement abound for future specialists.

Hand surgery graduates will qualify to be Associate Consultants in Hand Surgery in any of the hospitals in Singapore. In addition, they will find it easy to secure international fellowship training in Hand Surgery where they may want to focus on subspecialty areas, which include, but are not limited to, Wrist, Micro-reconstruction, Congenital, Oncology, Brachial Plexus, Trauma and Joint Replacement.

## A WEALTH OF RESEARCH OPPORTUNITIES

Residents interested in pursuing the CS Residency track can further extend their research period to pursue Masters or PhD degrees. After graduation, they are expected to spend at least 50% of their time involved in research as a CS. There are also opportunities to further your career in medical education for those interested in becoming Clinical Educators.



## HEAR FROM OUR RESIDENTS

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My experience with SingHealth Residency has been fulfilling. I have been given adequate exposure to various specialties which will provide me with skills to excel in my field in the future.

**DR CHUNG SZE RYN**

Hand Surgery Resident, Year 2018  
National University of Ireland Alumna

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I have benefitted tremendously from the well-rounded surgical exposure, approachable teaching Faculty and research opportunities. Hand Surgery has never been more exciting. From the usual bread and butter cases of carpal tunnels and trigger fingers to sophisticated microsurgery involving limb re-plantations and flaps, the experience has truly been amazing. As I continue to embark on my surgical career, I have been presented with many opportunities to develop myself; ranging from overseas conferences, local seminars and departmental based activities.

**DR REBECCA LIM**

Hand Surgery Resident, Year 2018  
NUS YLL SoM Alumna

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# GET IN TOUCH

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PATIENTS. AT THE HEART OF ALL WE DO.®

