



SR 16

SINGHEALTH RESIDENCY YEARBOOK
ASPIRATIONS
ACADEMIC YEAR 2015/2016


SingHealth
RESIDENCY
for the love of medicine 

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Residents' Committee Foreword

By Dr Sonia Lee and Dr Zheng Lifeng



First row, from left:

Dr Colin Tan, Dr Cheong May Anne, Dr Liu Jiayi, Dr Gun Shih Ying, Dr Chung Sze Ryn and Dr Victor Tan

Second row, from left:

Dr Sonia Lee, Dr Zheng Lifeng, Dr Alvin Tng, Dr Leonard Tan, Dr Pek Jen Heng and Dr Amila Silva



Dr Colin Tan (left) and Dr Cheong May Anne
Residents' Committee (RC) Co-chairs



Dr Sonia Lee (left) and Dr Zheng Lifeng
RC Communications Subcomm Co-chairs

Congratulations on completing your Residency! After years of learning, unlearning and relearning, you are now Specialists in your fields. It is truly an achievement, and worthy of a celebration!

A yearbook is like a time capsule. We aim to capture the essence of our second graduating batch in these pages and preserve them for life. In this edition, we focus on your aspirations, hopes and dreams for the future. By featuring your personal advice for your future selves, we hope that you will be able to pick this book up 10 years down the road and be reminded of how far you have come, and how much more you can achieve.

Also, what's a yearbook without some fun facts about your fellow Residents? There is so much more you can learn about your friends: their hobbies, inspirations, and even some hidden talents!

Find out more about our Senior Management; how they felt when they were in your position and how they have gotten to where they are today. We have included uplifting stories of exceptional graduands who excelled in Teaching and Research, as well as this year's outstanding batch of Chief Residents in the Singapore Chief Residency Program (SCRIP).

Finally, read about key Residency events from the past year including our Residency Games at Zoom Park, Student Internship Program (SIP) Bootcamp and Freshmen Orientation. Hopefully, this yearbook will serve as fond memory of your days as a Resident.

From all of us in the Residents' Committee and Graduate Medical Education (GME) Office, we thank you for your contributions and wish you all the best in the journey ahead!

Congratulatory Message

from

Prof Ivy Ng

Group Chief Executive Officer, SingHealth



Warmest congratulations to the second graduating cohort of SingHealth Residents! It is an exciting time to graduate and embark on your journey as medical Specialists. The healthcare landscape has been evolving rapidly in recent years with the introduction of new care delivery models and massive infrastructural development plans, such as the SGH Campus Master Plan that was announced in February.

We are proud to celebrate the graduation of 81 Residents this year. As you start your careers, I encourage you to remain inquisitive and continually pursue innovative thought, not only to achieve medical breakthroughs, but also to improve processes that lead to better patient outcomes. Together, we can do much more to shape the future of healthcare. Every bit of effort counts towards our goal of coordinated and holistic care delivery.

I trust that the well-rounded training and exposure you have gained here at the SingHealth Duke-NUS Academic Medical Centre have prepared you well to practise at the top of your license. I urge you to keep an open mind and never stop learning.

What lies ahead in your bright future will be abundant opportunities in the areas of clinical practice, research and education. As you strive to deliver better and more accessible care to patients and their caregivers, remember to always place them at the heart of all your actions.

Congratulations once more and I wish you a successful and rewarding journey in public healthcare!

Up Close with

Assoc Prof Lim Boon Leng

Deputy Group Director, Education, SingHealth
Designated Institutional Official, SingHealth Residency



What were your aspirations after the completion of your Specialist training?

When I completed my Specialist training in 1990, my aspiration was, first and foremost, to be a good Anaesthesiologist. Along the way, I was inspired to be involved in education to help train future batches of Specialists and develop subspecialty care in Singapore.

I have been blessed with good luck, as well as good colleagues over the course of my career, which has helped me fulfill my aspirations.

How have the challenges you have encountered, influenced you?

The main challenge we experienced when we were training in the 1980s was the lack of resources, both in terms of hardware and software. We could not afford drugs or equipment recommended in textbooks, so we learned to make do with whatever we had. We also did not have enough manpower to provide structured training. Service took precedence. There was no protected time to study for exams. It simply bore down to the survival of the fittest.

Now, when we encounter difficulties, we will never complain as we made it through worse circumstances.

What was the best piece of advice you received from a mentor/colleague?

Do what is right, instead of what is politically correct. We need to maintain strong principles and a personal moral compass. It does not matter how many difficulties are thrown at you, do not deviate from your principles.

What are your words of advice to graduating Residents to encourage them to strive on for their future?

My first piece of advice is to strive to be a good clinician. After all, we are doctors because we want to help our patients. However, if you are doing above average, consider

contributing more by developing a niche area in your specialty, educating the next generation of doctors, taking up an administrative role to help bring about changes in our healthcare system or research to improve patients' lives.

How do you think SingHealth Residency has shaped our Residents?

Our Residency program is very structured and our Residents are exposed to a variety of cases and skills that will be helpful in their training. We not only focus on medical knowledge and patient care, but also on professionalism, communication and teamwork. I believe that we train our Residents to be holistic doctors, not just clinically but also professionally.

How do you think your own experience with Specialist training in the early part of your career has shaped and prepared you for your current role as a DIO?

I have never imagined that I would be in this role. There was certainly an element of luck in how my career has progressed, and perhaps you could say I was at the right place at the right time.

When I was a junior Specialist, I noticed a lot of problems on the ground. Instead of solely complaining (which I did, too), I felt that I should try to make things better if I had the opportunity to make changes. In the previous BST system, I was in a number of committees and subcommittees involved in training. My previous leadership roles as Director of ICU and Head of Department of Anaesthesiology also helped me understand the various aspects of being an effective leader in areas of training, education, manpower, human resource and finances. When Residency program started, my previous experiences equipped me with the right skills for the role of ADIO (SGH) and eventually DIO.

Up Close with

Assoc Prof Tan Hak Koon

Associate Designated Institutional Official,
Singapore General Hospital (SGH)



What were your aspirations after the completion of your Specialist training?

Completion of training felt like a new beginning for me as a junior Specialist. Like everyone else, I wanted to perfect my clinical skills and be a good doctor.

Any events you would have done differently during the span of your career?

Not really. Looking back, I would have taken the same path if I could do it again. The path that I have taken was tough, but as a result of that I strived to learn and grow faster.

What are the challenges you have encountered in your career thus far?

There are many challenges in our daily work. We strive to be proficient in our core medical competencies – like for myself, performing a caesarean section and delivering a baby. However, there is a larger aspect to our job. This involves managing interpersonal relationships between patients, doctors and other healthcare colleagues, and this will be more challenging for young doctors in future.

What are your words of advice to graduating Residents to encourage them to strive on for their future?

My advice is to always have these four simple values:

1. Integrity - There will be difficult times but always do the right thing.
2. Compassion - Even when you are hard-pressed for time.
3. Determination and persistence - The people who succeed are the ones who persevere. When faced with hard times, just keep going.
4. Collegiality - Medicine is definitely not a one-man-show, so be nice to everyone. This makes it easier to work as a team.

Looking back, how were you nurtured for a leadership role in academic medicine?

My first leadership role in medicine was being the Chief House Officer, and I was essentially the 'roster monster'. Back then, nobody really taught me how to be a leader. I learned by example by looking at how my seniors and other role models did it and adapted along the way.

How do you think SingHealth Residency has shaped our Residents?

There was no real guidance in becoming a good leader in the past. The new generation of doctors is exposed to the concept of leadership much earlier and building future leaders has become a priority. For example, the SingHealth Chief Residency Program helps to inculcate the basics of leadership in our Residents. This is also true in our day-to-day work, where there are opportunities to lead at various levels of seniority.

With the ever-changing landscape, what leadership traits do you wish to see in the future generation of doctors?

I think a good leader should be someone who is proficient in his field. He/she needs to be honest, selfless and committed, and will not use his position for personal gains. After all, a leader needs to look after the interests of those he/she is leading, and in turn, will need support from them.

Share with us your proudest experience as a mentor.

In my opinion, the proudest moment for me is when my mentee succeeds and surpasses me, I know that I have played a small role in his/her success.

Up Close with

Prof Chay Oh Moh

Associate Designated Institutional Official,
KK Women's and Children's Hospital (KKH)



What were your aspirations after the completion of your Specialist training?

My aspiration for entering the field of Pediatrics was simple. I wanted to be able to do more for sick children. As I observed children suffering from chronic diseases, I began to feel that more is needed to be done for children with recurrent problems. It was then that I took an interest in respiratory problems, particularly in children with bronchial asthma as it was one of the commonest problems affecting young children.

Any events you would have done differently during the span of your career?

I would give more priority and focus on patient/public awareness and education.

What are the challenges you have encountered in your career thus far and how have they influenced the path you have taken to your current position today?

I was Division Chair of Medicine in KKH from 2002 to 2012. It was clear to me that the manpower situation was not sustainable for the Pediatrics department as only six Pediatricians were trained annually nationwide while the private sector was recruiting more Pediatricians to meet the needs of a more affluent society. It was a very challenging time and it was evident that training more Pediatricians was an urgent matter. Since then, I have been a strong advocate for education.

What was the best piece of advice you received from a mentor/colleague?

Trust yourself, and don't give up without giving your best.

Looking back, did you foresee yourself becoming an educator?

If I did not become a doctor, I would have chosen to teach. I have always enjoyed sharing and teaching. As a young

doctor, one tends to focus on doing the best for your patients. As time passes, you begin to realize that there are many patients who need help and the only way forward is to educate more doctors to help more patients.

While transfer of information is important, imparting ethos and soft skills is probably more challenging. To prepare myself, I did a Master's Degree Program in Counseling to hone soft skills like communications and counselling.

Do you think the current education in SingHealth is giving our Residents a more well-rounded training experience?

I have no doubt that the current training program is a more well-rounded experience. However, with more to learn, the Residents will need to develop excellent time management skills to ensure that they develop the essential clinical skills that are critical for exemplary patient care.

What developments in education do you foresee in the near future?

In future, I foresee that our educators will be well-trained in medical education and research. Educators should also have protected time for education. Transfer of knowledge will still be important but it would probably be done differently. There will likely be more emphasis on developing inter-professional and team collaboration.

Share with us your proudest experience as a mentor, any difficulties and achievements along the way.

I am very happy to see the achievements of young doctors. It gives me great pleasure and motivation to know that I have in some way, reduced the obstacles and hazards along their journey.

Up Close

with

Assoc Prof Tay Yong Kwang

*Associate Designated Institutional Official,
Changi General Hospital (CGH)*



What are the challenges you have encountered in your career thus far, and how have they influenced your path?

Medicine demands many sacrifices in terms of your personal and professional life. At least for the first ten years, there were personal sacrifices like doing many night calls. Professionally, it is a steep learning curve at the beginning, but with experience, medicine will become more interesting and fulfilling.

What was the best piece of advice you received from a mentor/colleague?

Do not be afraid to ask for help or advice. When you complete Specialist training, you are still fairly junior. There is always more to learn. After all, experience begets experience, and we all have our blind spots. Even as a Senior Consultant now, I still ask and learn from my colleagues and my juniors.

What are your words of advice to graduating Residents to encourage them to strive on for their future?

Medicine is a marathon. Don't be impatient or be too hard on yourself. It will take time to mature in becoming a consultant. I remember the NUS Medical Society motto: Not pride of knowledge, but humility of wisdom. That's how we should be even as we become more senior.

How do you think our Residents should continue to achieve excellence and develop themselves in providing patient care?

Strive to be academic, and keep up with the field by reading, learning, teaching and publishing.

What developments in patient care do you foresee in the near future?

Firstly, it will be increasingly technology-driven. In my field of dermatology, better lasers and equipment are continuously being developed to improve patient care. While medicine will become more subspecialized in future, even more collaboration between departments to serve the ageing population will be needed. For example, the development of psycho-geriatrics or ortho-geriatrics services across the island to provide holistic care.

Share with us your proudest experience as a mentor.

As seniors, we are happiest when our trainees do well, grow their wings and fly.

Up Close with

Prof Tan Eng King

Associate Designated Institutional Official, Research



What were your aspirations after the completion of your Specialist training?

The first thing I felt on completion of Specialist training was relief. It definitely was a tremendous achievement after years of undergraduate and postgraduate training to be certified as a Specialist.

I aspired to be a competent doctor to help my fellow Singaporeans and I wanted to gain more experience to provide better care to my patients.

What are the challenges that you have encountered in your career thus far?

There are many challenges in medicine, of which dealing with interpersonal relationships is one of them. We work with many people within the system with different personalities. Learning to interact effectively with them is an important aspect of being a successful doctor.

Another challenge is finding guidance. Becoming independent takes time. Upon completion of Specialist training, it probably takes another three to five years to fully establish competence and maturity. Having a mentor lead the way will be helpful in your career.

What was the best piece of advice you received from a mentor/colleague?

The best piece of advice I received was to find happiness in what you are doing. Sometimes we may not enjoy certain aspects of the job, but we need to learn to take things as they come.

What are your words of advice to graduating Residents to encourage them to strive on for their future?

Learn as much as you can. With more experience, you will be in a better position to help others and you will have more to offer to society.

Looking back, did you plan a career as a researcher and how did you get started?

I never planned to be a researcher. I was in an academic center in the US during my fellowship and was inspired to develop a similar academic program in SGH. When I returned, the health ministry was introducing a scheme to encourage research. One thing led to another and we are here today. Research to me is a hobby and I derive joy from doing it.

What challenges have you faced in your career in research?

Academic medicine is very important to doctors as it provides a different perspective and puts you in a better position to discuss management options with patients. Research requires passion and drive as it certainly takes time and effort. Finding a new cure may not always be possible and there may not be immediate changes to patient care.

How do you think the field of research has evolved over the years?

A lot of things have changed since the Government's shift in funding academic work. Within our cluster, we have developed our academic medical center and young doctors now have more opportunities to explore research.

Share with us your proudest experience as a mentor.

I started teaching more than 20 years ago. My proudest experience thus far is seeing the doctors that I've taught become successful in their own right. It is akin to watching your own children grow up.



Engaging Dreams, Cultivating Minds

By Dr Tan Yun June Angela, Anaesthesiology



Please share more about the teaching projects you participated in as a Resident.

As a Junior Resident, I have organized part 1 MMed tutorials by gathering people to give the tutorials as well as conducting tutorials. As a Senior Resident, I have taken on a role in the SHARP education committee to help re-organize the weekly SHARP tutorials and was also an apprentice to Dr Peter Kam - most consider him a master in teaching.

How do you think Residents can make a difference or contribute to training during the course of Residency?

As Residents, we have a very unique role of being in a system that not many of our predecessors have been in. Residents can take the initiative to look into areas of need and step up to make the change. I feel that this Residency system is unique and we are all part of a big family. There is a sense of belonging and if we were to just help our juniors in small ways (like giving tutorials), they all add up to improving the whole Residency family.

What advice do you have for your juniors who are keen to teach?

It is never too early to start. I used to think that I was too junior to teach as I did not have much experience but there is always an area you can start and build upon subsequently.



Research and Discovery

By Dr Zhuang Kun Da, Diagnostic Radiology

Please share more about the research projects you participated in as a Resident, and how they impact your field.

I am planning a trial comparing the use of drug-eluting balloons to conventional balloons in non-maturing arteriovenous fistula (AVF). While AVFs are preferred over AV grafts for their superior long-term outcomes, non-maturation of these AVFs remains a significant problem and I hope that positive results from this trial will help improve the lives for end-stage renal failure patients who are depending on haemodialysis.

How do you think Residents can make a difference or contribute to research during the course of Residency?

We can all make a difference since each of us possess unique knowledge and experience. Someone may be proficient in biostatistics, while another may be familiar with the ethical aspects of research. Research is multifaceted and team effort is required for optimal execution. I believe all Residents can contribute in his or her own way and we have a lot to learn from each other while we work towards the advancement of patient care.

What advice do you have for your juniors who are keen to contribute to research?

Think about your strengths and interests. Come forward, volunteer! Do not worry that your contributions are insignificant. Most of us under-estimate our capabilities and value we can add.

Do you have a research mentor you look up to, and why?

There are many seniors and colleagues I have learnt and benefited from. Firstly, Prof Tan Bien Soo, for his vision and guidance. Next, Prof Tay Kiang Hiong for his time and energy spent nurturing the juniors and his everlasting patience. Finally, Prof Thng Choon Hua for his empathy for the difficulties faced by clinicians involved in research and enthusiasm for teaching, both clinical and research-related.



Advanced Internal Medicine

Congratulatory Messages

“Heartiest congratulations to our SingHealth AIM Senior Residents for the successful completion of the gruelling but fulfilling Specialist training. You have all done well to come to this significant milestone in your career. All the best for your future endeavours as you embark on the new exciting journey ahead!”

Dr Soh Shui Boon
Associate Program Director

“Congratulations to all of you for completing your Residency training! We wish you all the best for the future and thank you for being such an amazing group of Residents to work with.”

Amy Cheng & Mona Seow
Program Executives



Dr Kang Mei Ling
Program Director,
Advanced Internal Medicine

Program Director's Message

What advice do you have for this year's graduating Residents as they embark on their Specialist careers?

Everyone has the opportunity and responsibility to make something better; we don't have to wait for others to lead us. Yet 'Nothing that is worth doing can be achieved in our lifetime, therefore we must be saved by Hope' (The latter is a quote from David Brooks, The Road To Character).

How do you think the graduating Residents can contribute in shaping of the future of healthcare?


In every single way: in patient care, medical education and grooming new generation of doctors, improving and innovating healthcare delivery, research and exploration into better treatments, advocacy and policy making. I think my graduating Residents have exciting opportunities and important roles to play.



Dr Kavitha Garuna Murthee



Dr Lee Guozhang



Dr Shum Koin Lon Aland



Dr Woong Liling Natalie

“There but for the
grace of God, am I.”

● **Hobbies**

Travelling.

Best on-call tip

Stay calm. The sun always rises.

Best Residency memory

Gatherings with my colleagues.

A medical idol you look up to, and why

Dr Kang and Prof Chow for being extremely dedicated.

Message for your fellow graduating batchmates

I think it's time for a drink ;)



Dr Tan Tze Chin



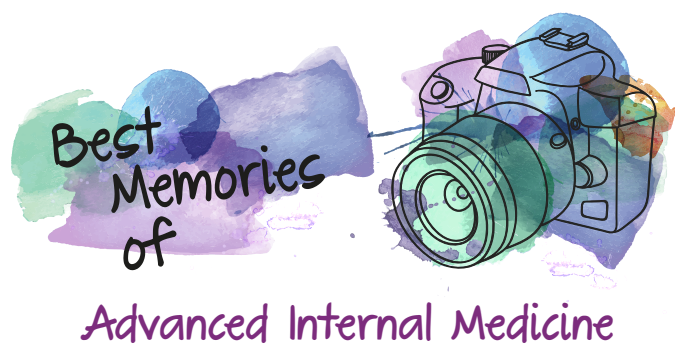
Program Outing - The Escape Artist



"Why like that" - Program Outing The Escape Artist



Dinner at Pizza Fabbri



'Bike it, Run it, Do it!' Challenge



Residency Games Day!



Residents and Faculty Dinner



'Bike it, Run it, Do it!' Challenge' - We did it!



Advanced Internal Medicine Yoga 2015





Assoc Prof Darren Koh
Program Director,
Anaesthesiology

Anaesthesiology

Program Director's Message

What advice do you have for this year's graduating Residents as they embark on their Specialist careers?

Listen and listen deep. Your guide and the answers are in there.

How do you think the graduating Residents can contribute in shaping of the future of healthcare?

Innovate: Master the rules to excel, break the rules to advance.

Congratulatory Messages

“Dear Graduating Residents,
“Learn from yesterday, live for today, hope for tomorrow. The important thing is not to stop questioning.” - Albert Einstein
Thank you for all your hard work in the past. I am looking forward to more working and questioning with you in the future. Many congratulations and well done.”

Dr May Mok
Associate Program Director

“Well done, one and all. You do us proud! Welcome to the Anaesthesia fraternity, pioneer group of Residency program. You're our bridge for future Specialists from the three SIs.”

Assoc Prof Agnes Ng
Core Faculty

“Congrats and well done! It's been a hard but exciting journey and I am privileged to have been a part of it! All the best for the future ahead!”

Dr June Goh
Core Faculty

“To boldly go where no Resident has gone before - Congratulations and well done!”

Dr Lee Sumin
Core Faculty

“Congratulations to all the graduating SRs! You have survived the journey and the grilling and now the time has come for you to blossom and do us proud. Good luck in your careers and your future endeavours!”

Dr Mathur Deepak
Core Faculty

“I congratulate you all on completing the Resident-MO duties. It is a significant achievement and you can be proud of it. Wish you all the best in providing quality Anaesthesia services and in your career progression.”

Dr Shah Shitalkumar
Core Faculty

“Congratulations to all the Senior Residents and thank you for going on this learning journey with us!”


Dr Sng Ban Leong
Core Faculty

“Be kind, be wise with others. Hold no limits for yourself, be adventurous!”

Dr Patrick Wong
Core Faculty



Dr Tan Keng Tiong Jerry



Dr Tan Yan Ru



Dr Tan Yun June Angela

“Learning never stops.”

• **Favorite lunch hangout**

Kopitiam.

• **Best on-call tip**

Pray hard.

• **Best post-call treat**


Pancakes.

• **Message for your fellow graduating batchmates**

You guys made the past few years enjoyable. Would not have been the same without you all!



Dr Loh Kent Neng Samuel



“Continue to practice medicine with compassion and empathy”

Dr Lim Huili

• **Best on-call tip**

Pee while you can!

• **Best post-call treat**

Plane ride out of Singapore.

• **Best Residency memory**

Clowning around with my batch-mates.

• **Message for your fellow graduating batchmates**

Thanks for all the fantastic memories guys!!!

• “It gets better!”

Dr Tien Jong-Chie Claudia



Best on-call tip

Count to five before you answer the phone.

Best Residency memory

Going for conference trips with fellow Residents and having a blast.

A medical idol you look up to, and why

Dr Ng SY has been an amazing mentor for the last five years.

Message for your fellow graduating batchmates

It's been such a journey! Strawberries are the best fruit!

Dr Liu Weiyang Christopher



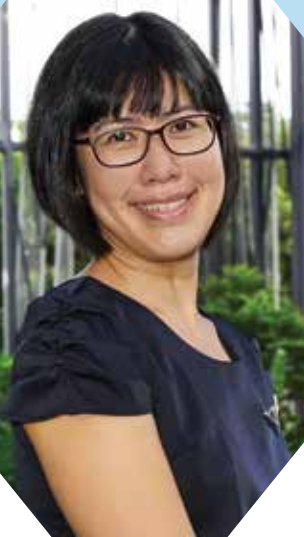
Dr Suhitharan Thangavelautham



Dr Zeng Ling Antonia



Dr Teo Miqi Mavis



• **Hobbies**

Reading and cycling.

Best on-call tip

Work hard, it's only 24 hrs!

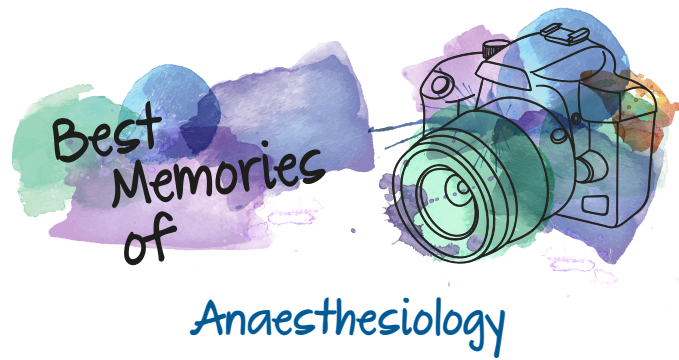
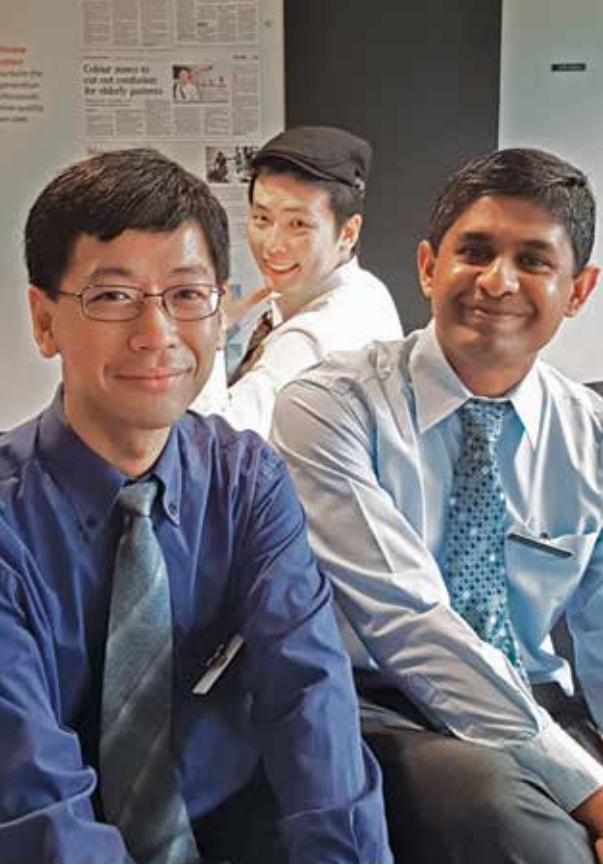
Best post-call treat

No phone ringing!

Message for your fellow graduating batchmates

We did it together!

“Be yourself! Everyone else is taken.”





Assoc Prof Winston Lim Eng Hoe
Program Director,
Diagnostic Radiology

Program Director's Message

What advice do you have for this year's graduating Residents as they embark on their Specialist careers?

The learning continues. Keep an open mind when it comes to discovering knowledge, and you will not be disappointed.

How do you think the graduating Residents can contribute in shaping of the future of healthcare?

For Radiology, the pioneer batch of Residents will be the first wave of Radiologists who have experienced the full Residency training experience. They have been more comprehensively trained and thus have the potential to be more holistic in their approach to the clinical, training, administrative and research domains in medicine. In particular, I look forward to their active participation in the training of subsequent batches of Residents and hope that they will be active members of the teaching Faculty.

Diagnostic Radiology

Congratulatory Messages

“Congratulations to our pioneer batch of Diagnostic Radiology Residents for successfully completing their training! Congratulations as well to the PD, APDs, Core Faculty and Physician Faculty for a job well done! This is certainly a significant milestone in our transition to the American Residency model. The journey has not been easy and many challenges still exist today but I am confident that our program will grow from strength to strength as we have a great team of talented, dedicated and committed people in our system. Once again congratulations and best wishes to our graduands for all their future endeavours! ”

Assoc Prof Tay Kiang Hiong
Program Director from May 2010 to April 2012

“Your graduation marks the culmination of all the hard work you have done. We are proud of your accomplishments and congratulations on your graduation! ”

Charles Wong, Ivy Quek & Gloria Shamala Paul
Program Executives

● **Hobbies**

Music, photography and cooking.

Best on-call tip

It's going to be morning soon... Hang in there.

Best Residency memory

FRCR 2B courses in the UK.

A medical idol you look up to, and why

Dr Daniel Chew, Endocrinology in TTSH - Kind and considerate towards the trainees and compassionate towards the patients. Well-read with a sound clinical approach!

Message for your fellow graduating batchmates

We survived!

“Stay in the present moment and enjoy it!”



Dr Nathan Gifford John



Dr Cynthia Assimta Peter



Dr Tham Wei Ping

● **Hobbies**

Reading manga.

Favorite lunch hangout

Miz.

Best post-call treat

KFC.

Best Residency memory

Going on FRCR 2B preparatory courses in the UK.

Message for your fellow graduating batchmates

Respect your colleagues.



“Always remember why you do what you do and what drives you.”

Dr Mohammad Taufik Bin Mohamed Shah

• **Special skill/talent**

Dancing.

Hobbies

Reading.

Best on-call tip

Go on-call with the intention to learn.

Funniest Residency memory

Getting Coke spilled on me just before going on stage to receive a poster prize.

A medical idol you look up to, and why

Siddhartha Mukherjee. He's self-reflective and insightful, and someone I strive to become.

Message for your fellow graduating batchmates

The future of healthcare depends on what we do today. So let's do it well!!



“Dream as if you will live forever; Live as if you will die today.”

Dr Wang Shiyuan



Dr Zhuang Kun Da

• **Special skill/talent**

Planning and organising.

Best on-call tip

Take a bath and have a big meal before the call begins.

Best post-call treat

A good bowl of mee pok.

A medical idol you look up to, and why

My Dad (Radiologist). I am inspired by his perseverance, dedication and strong work ethics.

Message for your fellow graduating batchmates

It's just the beginning!



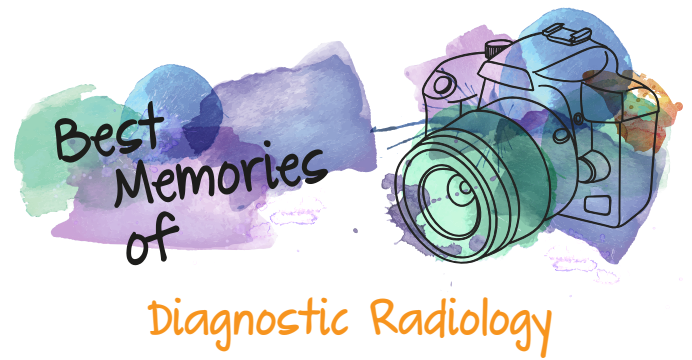
NUS Conferment 2015



DR Cohesion 2016



Residency Orientation @ MBS



Residency Games Day - The Great Warriors



Program Retreat with PD & Faculty 2016



We are the Sherlock Holmes - Team bonding @ Xscape



Program Retreat with PD & Faculty



Assoc Prof Mark Leong
Program Director,
Emergency Medicine

Emergency Medicine

Program Director's Message

What advice do you have for this year's graduating Residents as they embark on their Specialist careers?

Let professionalism and the need to uphold the public's trust drive and sustain your daily practice.

How do you think the graduating Residents can contribute in shaping of the future of healthcare?

By challenging the "norm" and ensuring access to all.

Congratulatory Messages

“No words can possibly describe the satisfaction of welcoming them as newly minted Residents, watching them grow over the years and excelling while surviving the odds to emerge as SingHealth graduands. Heartiest Congratulations. You have done us proud.”

Assoc Prof Mark Leong
Program Director

“Congratulations and welcome to the EM family. Remember...

- Treat your patients well, as you would your family
 - Continue your reflective practice
 - Pay it forward to your juniors
- And may you have a fruitful journey ahead.”

Dr Gan Han Nee
Associate Program Director

Dr Tan Kian Jin Devin

“To continue to enjoy the work done in ED and to provide the best care for all patients.”

• Best on-call tip

Always help and support one another.

Best post-call treat

Having breakfast with my wife.

Best Residency memory

Passing the final exams!

A medical idol you look up to, and why

Prof Mark Leong and Prof Fatimah Lateef. Their dedication, guidance, mentorship and patience are truly appreciated.

Message for your fellow graduating batchmates

Let's all move forward together after passing this milestone in life. To another good 10 years ahead!



Dr Kang Hui Min



“Break time!”

Dr Pek Jen Heng

◆ **Hobbies**

Travelling and running.

Best on-call tip

Rest well the day before, avoid pau and the last lift.

Best Residency memory

The Residency retreats, when little secrets are shared and you know a little bit more about your friends and colleagues.

A medical idol you look up to, and why

Scott Winegart - Someone who has made Emergency Medicine appear fun with his blog and podcasts, and always passionate about sharing information.

Message for your fellow graduating batchmates

We've come a long way! And this is the start of a new beginning!

◆ **Favorite lunch hangout**

D3 - meal from the SGH kitchen.

Best on-call tip

Morning will come.

Message for your fellow graduating batchmates

We made it! Thanks for the journey!
#teamshemrp



“Do not forget the reason for doing medicine in the first place.”

Dr Chua Si Yong Ivan

◆ **Best post-call treat**

Dim sum.

Message for your fellow graduating batchmates

Keep in touch!

“All work and no play makes Jack a dull boy.”

Dr Shen Yuzeng



◆ **Hobbies**

Cycling.

Favorite lunch hangout

Strangers' Reunion.

A medical idol you look up to, and why

Prof Anantha, at his seniority, for standing by his convictions, and daring to pioneer new initiatives for the advancement of his specialty.

Message for your fellow graduating batchmates

Always act in the the patient's best interest.



Dr Lum Wei Ming Vincent

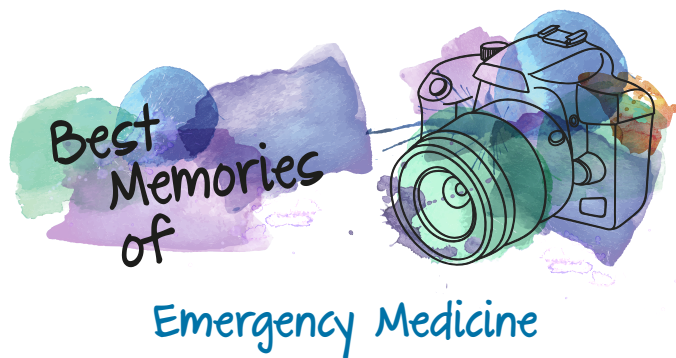
“Cherish your family and friends.”



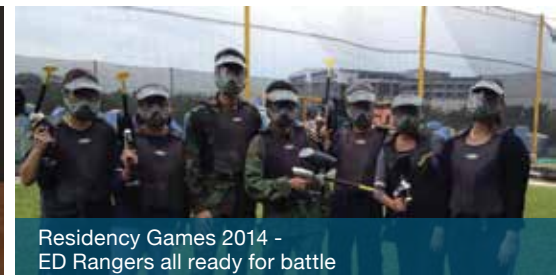
Program Retreat 2016



Program Retreat 2015 - Escaped!



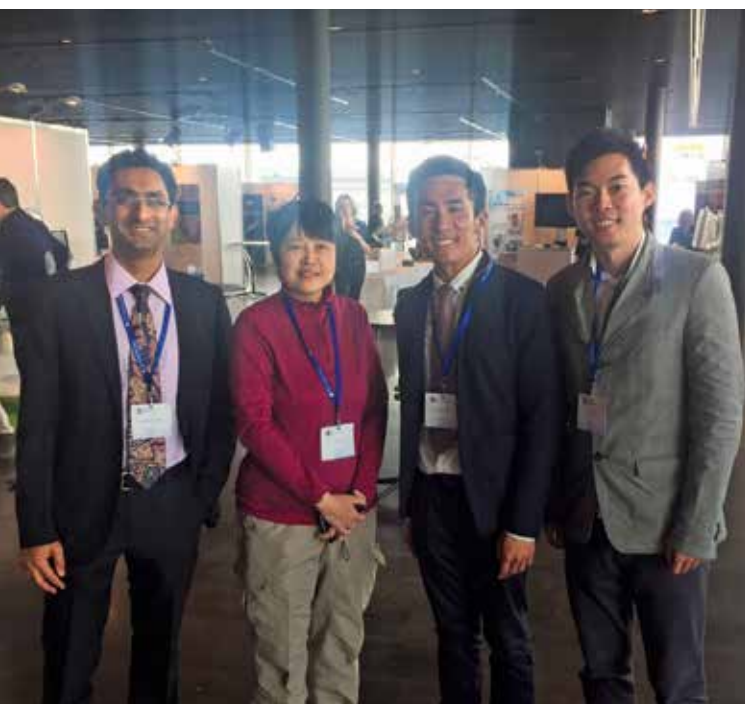
Post Conference Dinner with PD



Residency Games 2014 - ED Rangers all ready for battle



Residency Games 2015 - Team A&E



33rd SSAI Congress 2015, Iceland



Program Retreat 2015



In Action!



Dr Kek Peng Chin
Program Director,
Endocrinology

Endocrinology

Congratulatory Messages

“Congratulations on your graduation from the Endocrinology program. Being the pioneer batch, you have set the standards and blazed the trails for subsequent Senior Residents. This is not the end but the beginning of another exciting journey as a Specialist. May the same guiding principles that have been emphasized in the Residency program hold you steadfast in your career.”

Dr Bee Yong Mong
Core Faculty

“I am grateful to be given the opportunity to work with all of you. The short period of time we were a team together, you have indeed played an important role one way or another in my line of work. So here I would like to wish you all the best for your future endeavours and careers. Good luck and thank you!”

Ismail Muhd
Program Executive

Program Director's Message

What advice do you have for this year's graduating Residents as they embark on their Specialist careers?

Congratulations on your next phase of your careers as Specialists. I hope that you maintain your inquisitiveness in acquiring knowledge as it is a lifelong learning process, and sustain your compassion to help patients.

How do you think the graduating Residents can contribute in shaping of the future of healthcare?

As a young Specialist, you build the foundation for the future of healthcare.



“Break out of your comfort zone.”

Dr Swee Du Soon

- **Message for your fellow graduating batchmates**
Congratulations! Life begins now.



Dr Rama Chandran Suresh

“Graduating from Endocrinology Senior Residency is the beginning of an adventure in Endocrinology, acquiring knowledge and skills and discovering unknowns, which will provide my patients with the best advice and treatment available.”

- **Hobbies**

Rearing fish.

- **Best on-call tip**

Be ready for the worst, but expect the best.

- **Best post-call treat**

Sleep!

- **Best Residency memory**

Had a good time with my colleagues learning Endocrinology.

- **Message for your fellow graduating batchmates**

Endocrinology is an exciting field of medicine, understanding the subtle balance of the hormonal system might take some time, but the more you understand it, the more it amazes you!

- **Hobbies**

Tennis.

- **Favorite lunch hangout**

Wherever friends are.

- **Best on-call tip**

Keep calm and carry on.

- **Best Residency memory**

Making my friends laugh.

- **A medical idol you look up to, and why**

Dr Loh Lih Ming; astute clinical skills.



Dr Zhang Meifen

“Do not be afraid of tomorrow; for God is already there.”

- **Hobbies**

Used to love the movies and art, now it's all about being with my darling baby.

- **Best post-call treat**

Watching brainless movies and shows.

- **Best Residency memory**

Everyone making way for a heavily pregnant Senior Resident who is seeing blue letters after blue letters. The kind and funny gestures include drink errands by medical officers saving me from dehydration, the 'ah ma' holding the lift door for me, the consultants walking slower with me, my fellow regs scolding me for working too hard, my patients complimenting my weight loss post partum (when I clearly haven't)...All so nice!! Everyone, thank you very much for your help and kindness (big smiley face)

- **A medical idol you look up to, and why**

Prof Chow Wan Cheng; too many reasons to list, a great leader, multitasker etc.. Dr Goh Su Yen, Dr Loh Lih Ming, Dr Joan Khoo are my medical idols too. They're all beautiful, smart and kind! So many more to list...

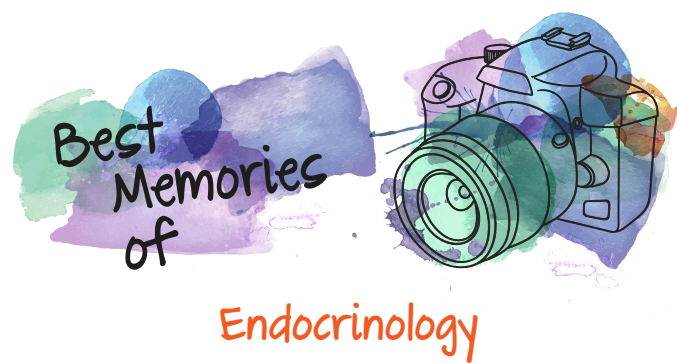
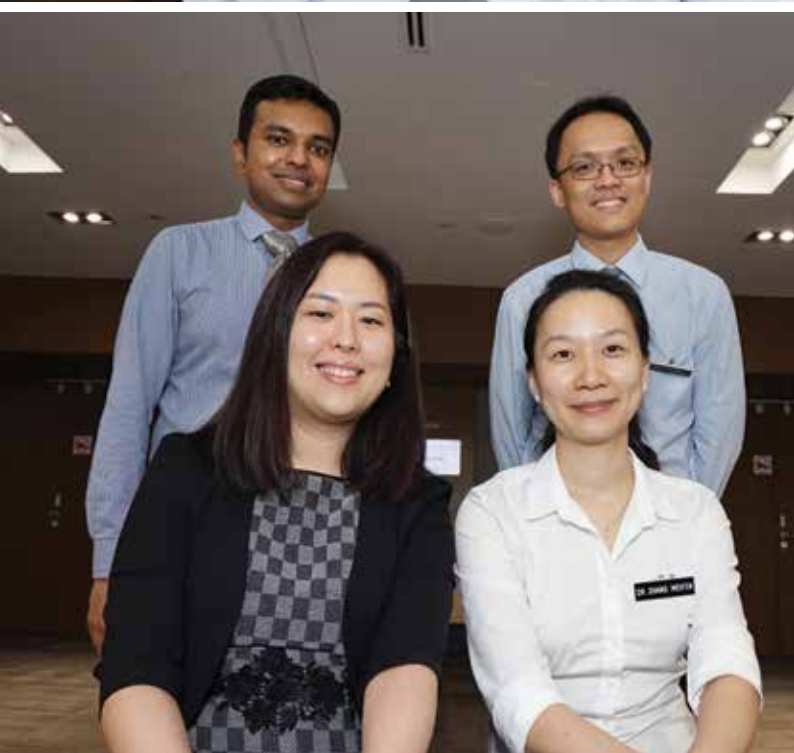
- **Message for your fellow graduating batchmates**

YAY!! We made it through!

“Stay motivated, have a healthy work-life balance.”



Dr Loh Wann Jia





Dr Ho Chih Wei Sally
Program Director,
Family Medicine

Family Medicine

Program Director's Message

What advice do you have for this year's graduating Residents as they embark on their Specialist careers?

Continue to learn and excel. Your seniors want you to be better than them! Look at the needs around you and ask yourself where and how you can best serve with your gifts and interests.

How do you think the graduating Residents can contribute in shaping of the future of healthcare?

Healthcare is challenging and will continue to be. The frustrations you face can lead to ideas that can make a real difference. Have conversations with others who want to make things better and together, we can contribute to shape the future of healthcare.

Congratulatory Messages

“Congratulations to all my Family Physician colleagues for graduating from our rigorous program. We look forward to partnering you in caring for our patients. I wish you all the best in the next phase of your journey!”

Dr Anandan G. Thiagarajah
Core Faculty

“Congratulations on clearing the Residency hurdle! It took a lot of hard work to reach this day! Best of luck for your upcoming exams, and thank you for the friendship! Do keep in touch!”

**Winnie Seah, Ken Toh, Germaine Koh,
Eve Wong & Loh Shu Jing**
Program Admin Team



Dr Tan Yan Fang Cheryl

“A positive attitude will lead to positive outcomes.”

• **Hobbies**

Sudoku.

Best post-call treat

McNuggets!

Best Residency memory

When I got married to my fellow Resident in 2013!

A medical idol you look up to, and why

Dr Anandan, because he's always calm and collected!

Message for your fellow graduating batchmates

Let's get through MMed together!



Dr Fang Hao Sen Andrew

“Keep thinking of new ways to make healthcare better.”

• **Hobbies**

Reading, watching Starcraft 2 videos.

Best on-call tip

Wear comfortable clothes.

Best Residency memory

Saturday core teachings.

A medical idol you look up to, and why

Dr Jason - strong medical knowledge and very steady.

Message for your fellow graduating batchmates

This is not the end.



Dr Goh Zhaojing

“Remember why you started, and treasure the journey.”

• **Hobbies**

Watching TV medical dramas.

Favorite lunch hangout

Wherever there's free food.

Best Residency memory

Most memorable was rotating through different specialties and clinical settings, and literally seeing the spectrum of life from cradle to grave. (In one posting transition, my O&G rotation was immediately followed by palliative medicine...)

A medical idol you look up to, and why

House M.D., for his powers of observation and problem-solving. Otherwise, in real life, one of the consultants in a surgical team I have rotated through, for the discipline of thought and responsibility that he instilled in us.

Message for your fellow graduating batchmates

What doesn't kill us makes us stronger. Good luck!



Dr Lim Chong Soon Daniel

“To put patients' interests first. To stay true to myself, remain humble and continue to learn.”

• **Hobbies**

Golf, travel.

Favorite lunch hangout

MDIS food court.

Best post-call treat

Sleep.

Message for your fellow graduating batchmates

Let's all pass MMed together!



Dr Wu Hang

• **Hobbies**

Swimming.

Best on-call tip

Prepare for the worst, hope for the best.

Best post-call treat

Nice sleep.

Best Residency memory

Orientation.

Message for your fellow graduating batchmates

Be happy, don't lose empathy.

“Stay happy and healthy.”



“Stay fit.”

Dr Tseng Hsien-Cho

- **Special skill/talent**
Smooth talking to aunties.

Best on-call tip
Do not over-eat.

Funniest Residency memory
Making jokes about turning Polyclinics into one-stop medical hubs that can accommodate major operations on the same day of consult.

A medical idol you look up to, and why
Dr Ng Lai Peng, she is always very well prepared for teachings and always has reasonable answers for everything!

Message for your fellow graduating batchmates
Eat (well), pray (you will pass exam), love (your job).

Dr Farah Safdar Husain

“Have you ever thrown a fistful of glitter in the air?”

- **Special skill/talent**
Being upside down.

Hobbies
Yoga.

Best post-call treat
Sleep.

Message for your fellow graduating batchmates
We did it!



Dr Su Wei Cheng



Dr Jacquelyn Melody

“Work-life balance!”

- **Special skill/talent**
Eating a lot.
- Best on-call tip**
Eat mee siam and drink Coke Zero.

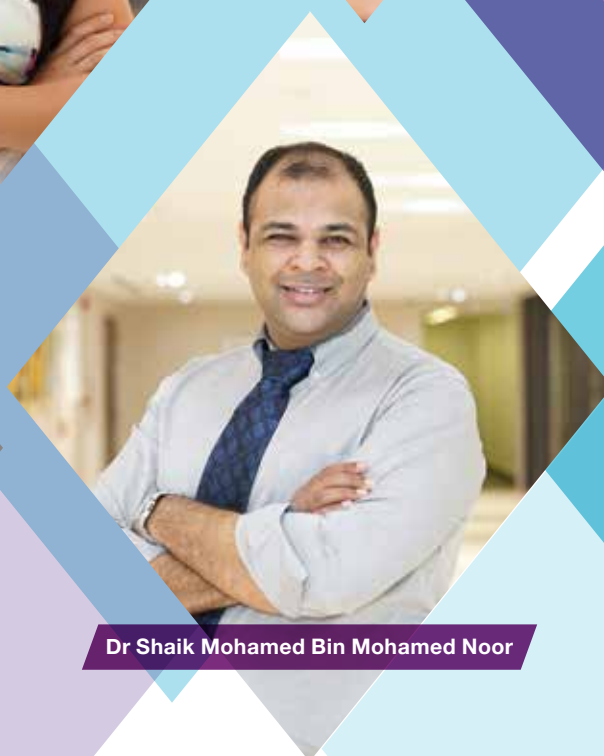
Best Residency memory
Making good friends in Residency.

A medical idol you look up to
Prof Ong Yong Yau.

Message for your fellow graduating batchmates
It was a good three years with you guys!



Dr Shaik Mohamed Bin Mohamed Noor





“Always remember RICE.”

Dr Suriya Prakaash

• **Favorite lunch hangout**

Anywhere with cheap three-course lunch menus.

Best on-call tip

Expect no sleep, so if you get any, it's a bonus!

Best post-call treat

Tiong Bahru Bakery's Kouign Amann.

A medical idol you look up to, and why

Prof Chow Wan Cheng - for putting patients before herself.

Message for your fellow graduating batchmates

Always give back.

• **Hobbies**

Jazz, good books and musicals.

Favorite lunch hangout

Any place with good coffee.

Best on-call tip

A good shower.

Best Residency memory

Residency orientation games.

Message for your fellow graduating batchmates

Always put your patients first.



Dr Fok Yu Ting

“To always care for patients with a heart. Being able to help others is a privilege.”

• **Special skill/talent**

Photography.

Best on-call tip

Take scheduled breaks no matter how busy you are.

Best post-call treat

Have a good meal before the well deserved sleep.

A medical idol you look up to, and why

A/Prof Koo Wen Hsin. Always very patient and caring and teaches with a passion too.

Message for your fellow graduating batchmates

Each and every one of you has made a difference in someone's life.



Dr Lim Sze Wern

“To treat all patients as a whole and not just their diseases.”



Dr Yuen Sok Wei Julia

“Remember why you started on this path.”

• **Special skill/talent**

Baking, drawing, making flower bouquets.

Hobbies

Salsa.

Favorite lunch hangout

Coffeshop beside Tampines Polyclinic.

Funniest Residency memory

Patients tell me the funniest things all the time.

Message for your fellow graduating batchmates

100%! We made it!



Dr Kwan Shuyi Charmaine



FM Get Together 2014 - Achievement unlocked!



FM Get Together 2016 - One Big FAMILY



Residency Orientation 2015 - FM Ninja Warrior!



Residency Orientation 2015 - FM Warrior!



CHRP @ Bedok Polyclinic - Say Cheese



Residency Orientation 2013 - SINGHEALTH



CHRP @ Tampines Polyclinic - Having fun at work!



SMSUK Career Fair 2015 - Relaxing after a morning of chit chatting



Games Day 2015 - Good Workout!



We did it!



SMSUK Career Fair 2015 - Wefie!



FM Retreat 2016 - Looking fresh before retreat!



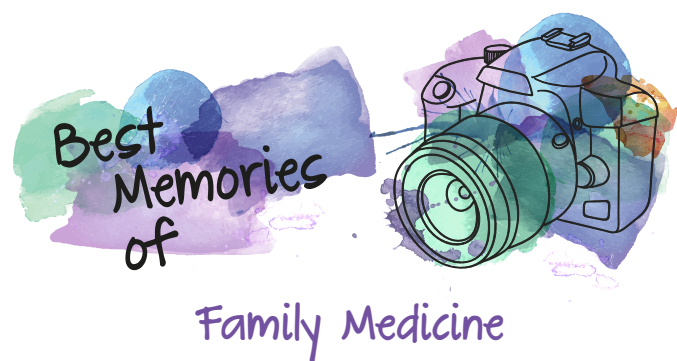
Open House 2015 - Best Wishes from PEs



FM Exam Sharing - Listening attentively for tips to ace the exams



FM Retreat 2014 - Filling up the stomach before working the brain juices!



Queenstown Group



Outram Group



Geylang Group



Tampines Group



Dr Chang Pik Eu Jason
Program Director,
Gastroenterology

Gastroenterology

Program Director's Message

What advice do you have for this year's graduating Residents as they embark on their Specialist careers?

My advice is for my graduating Residents to remain true to the mission of the SingHealth Gastroenterology program - to become competent and independent Gastroenterologists who are compassionate, professional and self-empowered in clinical service, research and education.

How do you think the graduating Residents can contribute in shaping of the future of healthcare?

Each and every graduating Resident has been equipped with the necessary knowledge, skills and attitudes to contribute towards society in clinical care, research and education. They play a key role in maintaining and developing clinical services. They have the potential for pursuing innovative research to improve healthcare. They must continue to pay it forward in education by maintaining a passion for educating the next generation of doctors.

Congratulatory Messages

“Congratulations! Wishing you all the very best in your future endeavours! Be good, be safe and be happy!”

Dr Andrew Kwek
Associate Program Director

“Congratulations! I am so proud of every one of you! I'm glad that I have played a role in your career and I hope you continue to aspire, inspire and excel in whatever you may do.”

Joan Pang
Program Executive

“Congratulations to all and all the best!”

Natasha Choo
Program Executive

• **Special skill/talent**

Cooking, painting.

Hobbies

Badminton, reading biographies and history.

Best Residency memory

Residency BBQ.

A medical idol you look up to, and why

Dr Jason Chang for his commitment to his patients, his passion for teaching and clarity of thought!

Message for your fellow graduating batchmates

Enjoy your work and it would be fun!!

“Be calm, compassionate and service before self.”

Dr Rahul Kumar



• **Special skill/talent**

Quick sketches.

Best on-call tip

Never skip a meal.

Best Residency memory

Joking around with fellow Residents after a hard day of good teamwork.

A medical idol you look up to, and why

Prof Chow - she has endless positive energy, plenty of wisdom, strong leadership during tough times, sticks to common sense policies and cares for junior doctors. Hopefully I can become like that!

Message for your fellow graduating batchmates

If the work day starts spinning into craziness, keep patient care as the centre of all your goals and things will work out okay.

“Keep grounded and look to the future with no regrets! =)”

Dr Song Mingjun



• **Special skill/talent**

Fatherhood.

Hobbies

Board games, basketball.

Funniest Residency memory

Patient requesting for a detailed PR examination and enjoying every moment of it.

A medical idol you look up to, and why

Gregory House MD. He is able to do things and say things to people that we can only dream of saying or doing.

Message for your fellow graduating batchmates

If your ship sails from sight, it doesn't mean your journey ends, it simply means the river bends.

“Remember the journey because it's what teaches you most about the destination.”

Dr Ong Ming Liang Andrew



“Hope you are still enjoying what you are doing now.”

• **Hobbies**

Cycling.

Favorite lunch hangout

Any dim sum place.

Best on-call tip

Keep calm and be cool.

Best post-call treat

Sleeping and eating.

Message for your fellow graduating batchmates

Don't be jaded so soon!

Dr Ennaliza Salazar



Dr Ravishankar Asokkumar

• **Hobbies**

Swimming.

Favorite lunch hangout

Chapter 55.

Best Residency Memory

So many memories in so little time...

“Andrew's bolster story”, “Badminton hangouts”, “The three musketeers” and the list goes on....

A medical idol you look up to, and why

Roy Soetikno for making me realize that “Simple is not always easy”.

Message for your fellow graduating batchmates

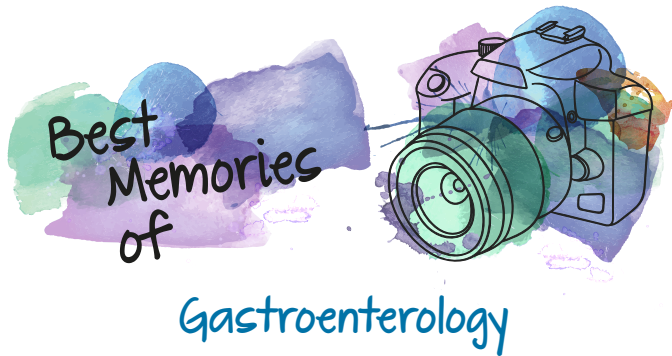
Relish small pleasures and stay happy. All the best for the new beginning!

“Your time is limited, so don't waste it living someone else's life. “Stay hungry, Stay foolish.” - Steve Jobs.”





SR birthday celebration



Program Orientation



Program Orientation



Celebrating PD and APD's birthday



Endoscopy workshop



Meeting Professor Patrick Kamath

General Surgery

Program Director's Message

What advice do you have for this year's graduating Residents as they embark on their Specialist careers?

Congratulations on clearing an important milestone. As you progress in your chosen subspecialty, do not let your knowledge and skills in managing 'General Surgery' conditions rust!

How do you think the graduating Residents can contribute in shaping of the future of healthcare?

The future of healthcare lies in enhancing the Residency system to better train Specialists of tomorrow. Transitioning into Residency from previous system of training requires paradigm shift in mindset and practice of the Faculty. By having gone through Residency system of training themselves, graduating Residents as Faculty will be the driving force in engendering this paradigm shift.



Assoc Prof Cheow Peng Chung
Program Director,
General Surgery

Congratulatory Messages

“Hearty congratulations to our 2nd batch of GS graduands! We are happy to have played a part in your journey and hope that you have found your time in GS fulfilling! The time has come to open an exciting new chapter in your life as a full-fledged surgeon. We look forward to many more years of surgical excellence from you! ☺☺

Carolyn Ho, Laney Guevarra, Wong Chun Meng &
Veronica Chue
Program Admin Team



Dr Julie Liana Bte Hamzah



Dr Sim Yirong



Julie's holiday photo. Smile of the day!



Yi Rong and her family :) Such a lovely family!

Haematology



Dr Ng Heng Joo
Program Director,
Haematology

Program Director's Message

What advice do you have for this year's graduating Residents as they embark on their Specialist careers?

Learning is an enlightening journey with no end.

How do you think the graduating Residents can contribute in shaping of the future of healthcare?

Put into practice what they learn and pay it forward by training the next generation of Haematologists.

Congratulatory Messages

“The pioneer graduand always has to carry the weight of high expectations. I am confident that Hui Ming will be up to the task and will do us proud. Congratulations!”

Dr Ng Heng Joo
Program Director

“Congratulations and wishing you all the very best in your career as a Haematologist. You have come this far, there is no stopping now. Follow your passion, develop the courage and strength to leap forward! Stay humble, never stop being curious clinically and continue with the will to learn all your life. That's what makes it both challenging and satisfying!”

Dr Nagarajan Chandramouli
Core Faculty

“Dear Hui Ming, it was never easy but you didn't give up. If you did, you will never be a step closer to your dreams. I'm so glad you were able to make it through. I'm so proud of you! Congratulations!”

Shine Awyong
Program Executive



Dr Tay Hui Ming



Medical Oncology

Congratulatory Messages

“Congratulations on your graduation! Looking forward to working with all of you.”

Dr Ang Mei-Kim, Dr Chay Wen Yee, Dr Farid, Dr Ravi,
Dr Soh Lay Tin, Dr David Tai & Dr Kiley Loh
Core Faculty

“Congratulations on your well-deserved success!
Best wishes for your career ahead!”

Loh Yeting
Program Executive



Dr Richard Quek
Program Director,
Medical Oncology

Program Director's Message

What advice do you have for this year's graduating Residents as they embark on their Specialist careers?

Continue to work hard, stay humble and learn from our patients. Always remember “Patients, at the heart of all we do”. In the course of your academic work, always aim high; strive to be the international thought leader in whichever field you decide to take on. Choose a path, be it service, education or research that best suits you and where you excel in. This is but the start of a long and rewarding career. As with everything in life, there will be ups and downs. Remain strong and resilient. Good luck and enjoy this new phase in your career!

How do you think the graduating Residents can contribute in shaping of the future of healthcare?

I always say, pay it forward. Teach your future Residents and students just as you have been taught. Always be brave in your career choice. Forge new grounds and take the path less trodden. Medicine is huge with opportunities aplenty. I strongly urge all of you to think out of the box and open new paths for your juniors.

Dr Poon Yi Ling Eileen



Dr Tan Wan Ling



Dr Lam Yick Ching Justina

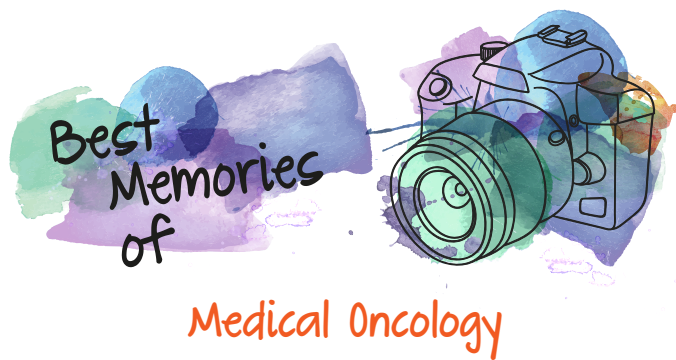




Education Research Session



DMO's very own Christmas tree



ASCO 2015 - Group Photo



Fun under the sun



Everyone Together



DMO Retreat 2014



Lunch at Aura



ASCO 2015



Assoc Prof Prakash Kumar Manharlal
Program Director,
Neurology - SGH

Program Director's Message

What advice do you have for this year's graduating Residents as they embark on their Specialist careers?

Work smarter, not harder. Find the things that you enjoy and focus your time and energy in these. Stay healthy and maintain good social relationships outside of work. If you are happy in your personal life, you will be even happier in your career. You want to be as energetic and robust at the end of your career as you are at the beginning of your career.

How do you think the graduating Residents can contribute in shaping of the future of healthcare?

Advancing our national healthcare system by integrating excellent clinical care, research and education for better health outcomes (that includes a broad spectrum from preventive to palliative medicine).

Neurology - SGH

Congratulatory Messages

“Dear Yee Hau, welcome to the fraternity of Neurologists in Singapore. Congratulations! It was a privilege to be involved in your training and I look forward to working together as colleagues!”

Assoc Prof Deidre Anne De Silva
Resident Supervisor

“Dear Kian Kheng, Congratulations on your successful completion of Neurology training in Singapore. I wish you all the best and hope to work with you as colleagues in the coming months.”

Dr Shahul Hameed
Resident Supervisor

“Hi Yee Hau & Kian Kheng, you've made it! Three years have flown by so quickly. It has been a great joy seeing you guys through your training. Congratulations on becoming Specialists!”

Romano Soliano
Program Executive



Dr Queck Kian Kheng

“Strive for excellence, continuous learning and self-improvement.”

- **Special skill/talent**
Awesome handwriting.

Hobbies
Travelling, Reading.

Favorite lunch hangout
Tiong Bahru Cafe.

Best on-call tip
Early post-call and rest.

Best Residency memory
Supportive Department.

- **Hobbies**
Badminton.

Best on-call tip
Unexpected situations are always possible, ensure that you have a proper meal.

Best post-call treat
Sleep and play games.

Funniest Residency memory
There was a patient who smoked on the hospital bed and burnt his moustache. Luckily, the patient survived unscathed and the hospital didn't burn down.

Message for your fellow graduating batchmates
To err is human. More importantly, we must learn from our mistakes and live humbly.

Dr Pang Yee Hau

“When you treat a disease, there is a 50/50 possibility you will win or lose. When you treat a person, you will win, no matter the outcome.”



The Master and The Student



Crushing It @ NNI Research Day 2016



All Dapper-ed Up and Looking Suave for SGH Annual Dinner 2016



Team Neurology @ SGH Annual Dinner 2016



Dr Lam Wing Chuen Winnie
Program Director,
Nuclear Medicine

Nuclear Medicine

Congratulatory Messages

“ Warmest congratulations to Yiu Ming, Syed and Hian Liang! This is just the start of good things to come and I hope you will all continue to push the boundaries of Nuclear Medicine. I wish you all the very best to come! ”

Dr Kelvin Loke
Core Faculty

“ Congratulations on graduating from the Residency program! ”

Agnes Ho
Program Executive

Program Director's Message

What advice do you have for this year's graduating Residents as they embark on their Specialist careers?

Tomorrow's medicine is in your hands.

How do you think the graduating Residents can contribute in shaping of the future of healthcare?

You are at a great position to embrace innovation in healthcare.

- **Special skill/talent**

Ability to sleep continuously for more than 24 hours.

- **Hobbies**

Yoga.

- **Favorite lunch hangout**

Tiong Bahru Market.

- **Best Residency memory**

Cookie baking session for Residency team-building event.

- **Message for your fellow graduating batchmates**

Congratulations!

“Keep learning and be happy.”

Dr Khor Yiu Ming



Dr Syed Zama Ali



Dr Huang Hian Liang



“Keep updated with the latest advancements in Nuclear Medicine.”

- **Hobbies**

Swimming.

- **Favorite lunch hangout**

Department pantry, good place to interact with other staff over lunch.

- **Funniest Residency memory**

Mr Jai's hilarious remarks at the annual Christmas dinner party.

- **A medical idol you look up to, and why**

Dr David Ng. Very knowledgeable and always willing to guide his juniors.

- **Message for your fellow graduating batchmates**

Thanks, Yiu Ming and Aaron for being such helpful batchmates.

- **Favorite lunch hangout**

Dough Shoppe.

A medical idol you look up to
Dr Anthony Goh.

Message for your fellow graduating batchmates
Congratulations!



Nuclear Medicine Update 2015



Lunch with HMDP visitor Dr Terence Wong from UNC



Team Building Session - Fun Time!

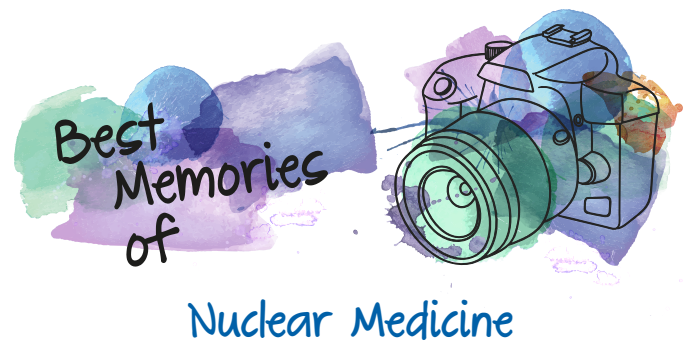


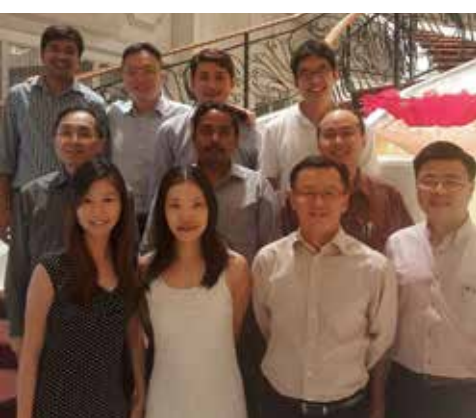
Photo during end-of-posting lunch



Farewell lunch for Dr Syed



Christmas Party 2015 at Department of Nuclear Medicine & PET, SGH



Post-exit appreciation dinner treat



Team Building Session



Visiting PhD fellow from Spain



Adj Assoc Prof Chia Wei-Lin Audrey
Program Director,
Ophthalmology

Ophthalmology

Program Director's Message

What advice do you have for this year's graduating Residents as they embark on their Specialist careers?

Just like that, our first batch of Residents are graduating. I am immensely proud of how they have progressed from awkward R1s to the confident young surgeons they are today. I would urge them to strive to improve themselves, and to be as good as they can be.

How do you think the graduating Residents can contribute in shaping of the future of healthcare?

The future is indeed theirs. There will continue to be challenges in the healthcare environment. I hope they will keep an open mind, and dream of the ways they can build an even better society which they, their families and the community can be proud of. I wish them a fulfilling and rewarding career.

Congratulatory Messages

“It's been an eventful five years but we are all very honored to have been involved in your training. We hope you continue to be great ambassadors for SNEC and SingHealth. You should be rightly proud of what you have achieved. Congratulations!”

Adj Assoc Prof Rahat Husain & Dr Jean Chai
Associate Program Directors

“Hip hip hurray! Congratulations on your exit! We are so proud of you! It's a new beginning and we wish you every success in both your professional and personal lives.”

Esther Teo & Myra Ng
Program Executives

• **Hobbies**

Basketball.

Favorite lunch hangout

Tiong Bahru PS Cafe.

Best on-call tip

Stay cool!

Best post-call treat

Having a nice meal with my wife!

Best Residency memory

Joined SingHealth Residents' Committee.

A medical idol you look up to, and why

Fred Hollow - A selfless Ophthalmologist who fought hard to eliminate blindness.

“Stay happy and healthy!”

Dr Daniel Ting Shu Wei



Dr Kelvin Teo Yi Chong

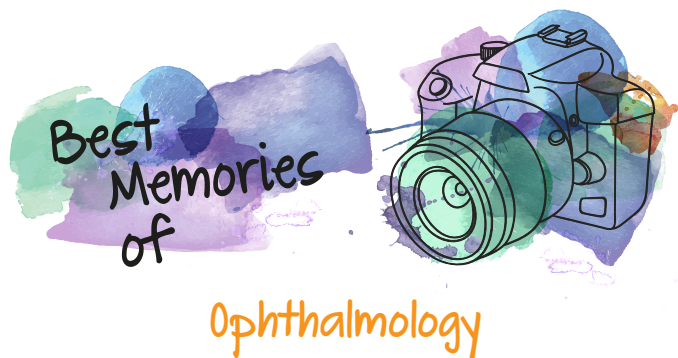


Dr Andrew Tsai Shih Hsiang



Dr Daniel Chua Kai Peng







Dr Teo Ee Hoon Constance
Program Director,
Otolaryngology

Otolaryngology

Congratulatory Messages

“Congratulations Ze Yun and Ching Yee. Both of you are indeed worthy additions to the fraternity.”

Dr Ian Loh
Associate Program Director

“Well done, Ze Yun and Ching Yee! Congratulations on your successful exit from our program! Pioneer generation, indeed!”

Dr Annette Ang
Associate Program Director

“Congratulations to both!”

Janeiro Wang
Program Executive

Program Director's Message

What advice do you have for this year's graduating Residents as they embark on their Specialist careers?

Congratulations for doing well in the exit exams! It is only the start of your Specialist careers, always strive for the best as both of you have always done throughout your Residency and continue to be role models for your juniors.

How do you think the graduating Residents can contribute in shaping of the future of healthcare?

As the first graduating batch of our ENT Residency program, both of you will serve as an important link between the Residents and the senior staff. Help shape the future of healthcare not only in the clinical aspects but in the education of your juniors.



“Keep looking forward and up but never forget those around you.”

Dr Chan Ching Yee

- **Special skill/talent**
Baking!

Best on-call tip

Always wear black (even on the inside)!

Funniest Residency memory

Catching wayward leeches in the ICU - one was missing and it was in the patient's mouth!

A medical idol you look up to, and why

Prof Soo KC, for his enthusiasm in teaching medical students, junior doctors and peers alike. His dedication and energy is amazing and inspiring.

Message for your fellow graduating batchmates

Stay humble, keep learning and always keep an open mind.



Dr Tay Ze Yun

- **Hobbies**
Travel.

Favorite lunch hangout

Tiong Bahru.

Best on-call tip

Eat while you can.

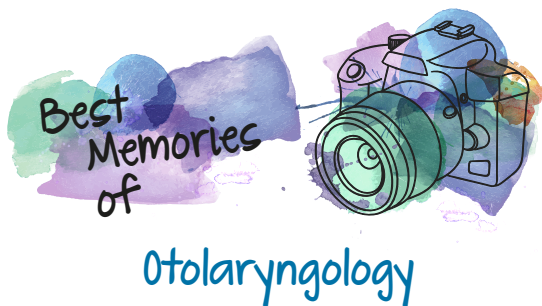
Best Residency memory

Late night suppers after long cases!

Message for your fellow graduating batchmates

We made it! Though this is just the start of another journey, be positive always!

“Stay true to your beliefs. Work hard but do not forget your loved ones.”





Dr Raveen Shahdarpuri Ishwardas
Program Director,
Pediatrics

Pediatrics

Congratulatory Messages

“Being part of the pioneer batch of Senior Residents in Pediatrics involves showcasing what Senior Residency training entails for the rest of the Residents. Zixean and Simrita have done well consistently in the past three years and I am sure they will continue to excel in the future.”

Dr Ng Yong Hong
Associate Program Director

“On behalf of all of us at Peds GME Office, we would like to congratulate Zixean and Simrita on their graduation! Your hard work has finally paid off and as our first graduates, we hope you pave the way for others to follow in your footsteps. We're so honored to have been part of this journey and we look forward to all your future achievements.”

Benjamin Wong
Program Executive

Program Director's Message

What advice do you have for this year's graduating Residents as they embark on their Specialist careers?

Stay focused on the reason why you chose Pediatrics as a career in the first place - to help the kids from all walks of life get better.

How do you think the graduating Residents can contribute in shaping of the future of healthcare?

You are the next-in-line of a new generation of Pediatricians. Remember to make your mark by not only being an exemplary clinician first and foremost, but to continue contributing in areas like education and research.

“Advocate for children, not only locally, but also other parts of the world. Free them from diseases, ill-treatment and give them a better future and happy lives!”

• **Special skill/talent**

I can insert IV cannula into a very tiny vein in a 400g premature baby.

Best post-call treat

Overnight left-over dinner prepared by my wife.

Best Residency memory

A big smile from my little patient, appreciation from parents and students.

A medical idol you look up to, and why

Assoc Prof Ng Kee Chong, friendly and approachable! He sincerely cares for his staff and is an outstanding leader.

Message for your fellow graduating batchmates

Clinical acumen are very important, do not rely too much on investigations.

Dr Khoo Zixean



Dr Simrita Kaur Khurana





Dr Choo Chon Jun Jason
Program Director,
Renal Medicine

Program Director's Message

What advice do you have for this year's graduating Residents as they embark on their Specialist careers?

Graduating and practicing Nephrology as an independent certified Specialist brings about many new responsibilities. It is essential that there is continual learning and adaptation to ensure maintenance of proficiency in being a Nephrologist, be it as a full-time clinician, clinician educator, clinician researcher or administrator.

How do you think the graduating Residents can contribute in shaping of the future of healthcare?

The future of healthcare is that of integration and understanding the dynamics between different stake holders. Graduating Residents can contribute at the forefront of this by developing or testing new technologies, collaborating widely across the healthcare spectrum and most importantly understanding that one cannot practice medicine in silo.

Renal Medicine

Congratulatory Messages

“Congratulations on your well-deserved success! You walked in as Residents and came out as Specialists. It was a privilege to witness your transformation into astute, capable and confident Nephrologists. Your enthusiasm, innovative ideas, dedication to your craft and zest for knowledge and life transformed the department and made it better. I wish you all the very best in your future endeavors to transform, for the better, the art of caring for patients with kidney disease.”

Dr Manish Kaushik
Core Faculty

“After 36 months of blood, sweat, tears and being chased by me for all the evaluation stuff, congratulations on your graduation and promotion to being Associate Consultants! All the best in your future endeavours, and continue to inspire and nurture the future Renal SRs!”

Natalie Oh
Program Executive

“Carpe Diem.
Live fruitfully!”



Dr Poh Cheng Boon

• **Special skill/talent**

Mind control.

Hobbies

Reading, daydreaming, and upgrading my super powers.

Best on-call tip

All bad things will come to an end.

Best Residency memory

Arcade outing post ITE was the best!

Message for your fellow graduating batchmates

All the best and go get a life!

• **Special skill/talent**

Looking for good food.

Favorite lunch hangout

Cycling, swimming, spending time with my dog.

Best Residency memory

Having gone through the ups and downs with my fellow colleagues.

A medical idol you look up to

Prof Woo KT.

Message for your fellow graduating batchmates

Congratulations! Now it's all over or it's all beginning!

“Do what you love; Love what you do.”

Dr Lee Kian Guan



“To stay hungry and humble - never stop learning and to strive to contribute to the Nephrology field through clinical care, research and education.”

• **Special skill/talent**

Close-up magic.

Best on-call tip

Good rest prior, stay calm during. No matter how life-incompatible the Renal call may seem, the sun will always rise again.

Best Residency memory

It has to be our Renal family - the true friendship and camaraderie we grew along the journey, which bonded us through thick and thin.

A medical idol you look up to, and why

Dr Terence Kee - for being my clinical/ teaching/ research and even “work-life balance” mentor throughout my Residency journey. To me, he is above and beyond, an inspirational teacher and a role model who guides me continuously and selflessly.

Message for your fellow graduating batchmates

Nephrology training is extremely challenging but rewarding. It is a privilege to take care of our Renal patients. Perseverance is the key to success - and I can assure that the endless calls and sleepless nights during traineeship are not wasted. Be committed and give your 110% - and try to enjoy this journey as much as possible.

Dr Pang Suh Chien



Dr Ng Chee Yong



“Do good.”

• **Best on-call tip**

Stay awake.

Best post-call treat

Just sleep.

Message for your fellow graduating batchmates

Thank you :)

Dr Tok Pei Loo





Renal Got Talent Party



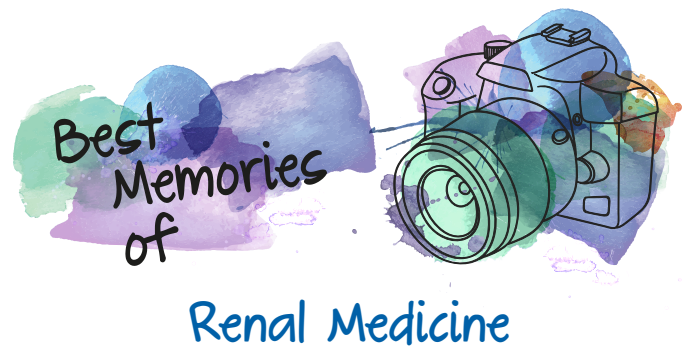
S.E.A Aquarium day fun!



Post-ITE Arcade



Singapore-Malaysia Forum



Post-ITE Arcade



Renal SR Program Open House



To our best teacher!



Group photo after Renal Exit!



SR's Birthday surprise



SR's Birthday celebration



Natalie's wedding dinner



Dr Ong Thun How
Program Director,
Respiratory Medicine

Respiratory Medicine

Congratulatory Messages

“My hearty congratulations to the first batch of SingHealth RCCM graduates. You wouldn't have achieved this without hard work and perseverance. You will be thrown with many challenges soon but I believe that all of you will excel and make us proud of you. Take good care of yourself and best of luck in your next phase of life!”

Dr Low Teck Boon
Associate Program Director

“Congratulations to my first cohort of graduates! You have gone through a lot as the pioneer batch, but you survived! We are all so proud of you and I am honored to have been part of your journey to becoming a full-fledged Specialist. Wishing all of you an enriching and meaningful career ahead. Take care and best wishes!”

Carol Tan
Program Executive

Program Director's Message

What advice do you have for this year's graduating Residents as they embark on their Specialist careers?

Congratulations on completing your training! Remember that the journey to being a truly outstanding Specialist is a lifelong one, you will need to continue to learn and grow in order to serve your patients well. I hope you will always have much joy and fulfilment in your career.

How do you think the graduating Residents can contribute in shaping of the future of healthcare?

We are proud of all of you and I am confident that you will make meaningful contributions and advance the care for patients in so many ways. As we establish our Lung Centre, there are exciting times ahead and your contributions will be needed to learn and develop cutting-edge technologies and provide the best patient care.

● Special skill/talent

Cooking.

Best post-call treat

Sushi.

Best Residency memory

Going for overseas conference together.

A medical idol you look up to, and why

William Osler. The basis of medicine.

Message for your fellow graduating batchmates

Hang in there!

“Every accomplishment starts with a decision to try.”



Dr Tan Shera



Dr Tham Kah Yee



Dr Quah Li Shan Jessica

“Stay the course.”

• **Special skill/talent**
Staying positive.

Best on-call tip
See every patient.

Best Residency memory
Studying on the rooftop for exit exam and finding that other people were there too.

A medical idol you look up to, and why
Hippocrates: He was the first to make the rules.

Message for your fellow graduating batchmates
Hang in there!

• **Special skill/talent**

Can function without coffee!

Hobbies

Traveling :)

Best on-call tip

Trust your instincts and always remember to have friends available on speed dial :)

A medical idol you look up to, and why

Shigeto Ikeda - who invented the flexible bronchoscope.

Message for your fellow graduating batchmates

Thank you for the company :)

“As time goes on, you’ll understand. What lasts, lasts; what doesn’t, doesn’t. Time solves most things. And what time can’t solve, you’ve to solve yourself.”
- Haruki Murakami



Dr Tan Qiao Li



Dr Aza Abdulmawjood Taha

• **Special skill/talent**
Can talk very quickly.

Favorite lunch hangout

Wherever there is good food, good company and good price.

Best Residency memory

Attending ANZICS while having staycation with fellow batchmates. =)

A medical idol you look up to, and why

J B West. He writes great textbooks on pulmonary physiology.

Message for your fellow graduating batchmates

Thank you for being there for me! The last three years would not have been possible without all the support sessions. =) Wishing all of us the best and may our friendship continue to get stronger wherever we are!



Dr Soh Rui Ya

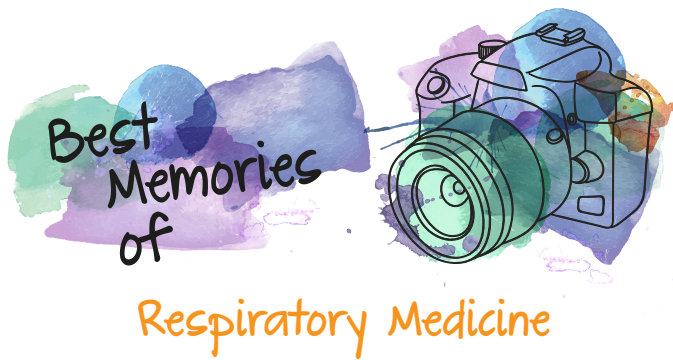
“Feeling stuck? Take a step back. Clear your mind. Refresh your perspective.”



Lunch at Strangers' Reunion



World No-Tobacco Day at CGH



Escape room Champions!



At the start of our 6 hour long wait for the exams...



And the runners-up....We will be back!



At Ken Lee's big day!



Dr Therese's farewell dinner



Enjoying a sumptuous buffet at Lime restaurant



DR LOW LIAN LENG
Family Medicine

What do you envisage your contributions as a Chief Resident to be in five years' time?

I hope to mentor and lead a new generation of family physicians who can provide exemplary care across the care continuum; from transitional care to intermediate long term care and primary care. We need to take a systems approach to improving the health of our population and ensure our Family Medicine Residents are well-schooled in the breadth of Family Medicine across the care continuum and capitalize on the exciting opportunities in health services and systems research. I hope to be part of an exciting journey in SingHealth as we innovate new models of clinical care; that are anchored by evidence-based practice and research to meet the needs of our aging population.

Special skill/talent

Fixing up my kids' toys and puzzles in triple quick time.

Hobbies

Swimming with the kids, exploring kids' playgrounds in Singapore!

Favorite lunch hangout

Eight Cafe and Bar.

Best on-call tip

Keep a call guide in your phone for quick reference!

Best post-call treat

Kopi Bing, kaya toast and soft boiled eggs.



DR TAN ZIHUI
Anaesthesiology

What do you envisage your contributions as a Chief Resident to be in five years' time?

Fostering closer ties between junior and senior staff as a community that encourages knowledge learning through sharing.

Hobbies

Travelling, watching movies.

Favorite lunch hangout

Steamboat anywhere.

Best on-call tip

Eat whenever you can.

Best post-call treat

Massage and spa.

Singapore Chief Residency Program (SCRIP) Cohort 3



DR HO WENG YAN
Obstetrics & Gynecology

What do you envisage your contributions as a Chief Resident to be in five years' time?

As the first batch of SingHealth O&G Residents, my batch and I have helped to build and improve our program throughout our years of pioneering each component of our training. With grassroots knowledge of the program's strengths and weaknesses, I hope to contribute in future as a program Faculty leader. My interest lies in recruitment of outstanding candidates best suited to the program, improving mentorship, helping to shape the training curriculum and to build a strong sense of camaraderie amongst the O&G community.

Special skill/talent

Events emcee. A favor for friends at their weddings had subsequently led to invitations to host hospital events, O&G society dinners and even SingHealth conventions.

Hobbies

Planning travels, staycations, junk food and desserts.

Favorite lunch hangout

Saybons at KK Hospital. Tasty soup makes good comfort food.

Best on-call tip

Each bad call makes you wiser and more competent; just don't drive home the next day.

Best post-call treat

Post-night float hearty team breakfast. After each 12-hour long night shift in junior Residency, my team and I would reward ourselves with a good breakfast before heading home. From favorite hawker stalls at Pek Kio Market and Whampoa Market to hidden cafes and new brunch places, we barely saw much of our additional call allowance by the end of the night float rotation.



DR LIM KHENG CHOON
Diagnostic Radiology

What do you envisage your contributions as a Chief Resident to be in five years' time?

Start of culture of Chief Residents as Voices and Advocates for trainees.

Favorite lunch hangout

Anywhere but Kopitiam.

Best on-call tip

Stay hydrated, keep your cool. The call will always end, one way or another...

Best post-call treat

Bed.



DR LI JIAHUI
Pediatrics

What do you envisage your contributions as a Chief Resident to be in five years' time?

Improving welfare, education and lending a voice to Residents of my program!

Special skill/talent

Mac and Cheese.

Hobbies

Hiking.

Favorite lunch hangout

Grandmother's kitchen.

Best post-call treat

Lying supine =)



DR GAYATHRI DEVI NADARAJAN
Emergency Medicine

What do you envisage your contributions as a Chief Resident to be in five years' time?

To improve patient care and safety, to smoothen the link between primary and tertiary healthcare, to promote a culture of teaching amongst the Residents and lastly to remove the stigma of Emergency Physicians as 'postmen'!!!

Special skill/talent

Baking.

Hobbies

Swimming, cycling, running, travelling.

Favorite lunch hangout

Any place with good coffee e.g. Chye Seng Huat.

Best post-call treat

Supper after a busy shift!!



DR CHIA GHIM SONG
Diagnostic Radiology

What do you envisage your contributions as a Chief Resident to be in five years' time?

I am thankful to my SingHealth Diagnostic Radiology program and fellow Residents for giving me the opportunity to attend the SCRCP. Over the course of the year, I have learnt important skills in leadership and became a more effective educator. I intend to apply these skills to further strengthen the development and training of Residents. I am currently piloting a mentoring program among Residents and intend to scale it up. I also envision myself being increasingly involved in the teaching of medical students.

Special skill/talent

Looking older than I actually am.

Hobbies

Spending time with family, gaming and fishing - in the following order, if time permits.

Favorite lunch hangout

Tiong Bahru Market.

Best on-call tip

If can sleep, sleep.

Best post-call treat

A good sleep.



DR TAN TOH HUI LEONARD
Otolaryngology

What do you envisage your contributions as a Chief Resident to be in five years' time?

I see myself making contributions in areas of research, operational workflow and education for my specialty.

Special skill/talent

Photography.

Hobbies

Photography, travelling.

Favorite lunch hangout

Whichever place that has the shortest queue.

Best on-call tip

Sit when you can sit, sleep when you can sleep.

Best post-call treat

More sleep.



DR ISAAC SEOW EN
General Surgery

What do you envisage your contributions as a Chief Resident to be in five years' time?

To protect Residents' interests and to improve the training environment.

Special skill/talent

Irritating the friendly Radiologists and Anaesthesiologist on-call.

Hobbies

Nature photography and diving.

Favorite lunch hangout

OT pantry.

Best on-call tip

Pain is weakness leaving the body.

Best post-call treat

A nice old sofa to lie down on.



DR LEONG XIN YU ADELIN
Anaesthesiology

What do you envisage your contributions as a Chief Resident to be in five years' time?

Improvement of the training and welfare of Residents.

Special skill/talent

Singing, being a FFA when required :)

Hobbies

Singing, travelling, coffee-drinking.

Favorite lunch hangout

Anywhere out of OT.

Best on-call tip

Keep calm and carry on, 8.30am WILL arrive!

Best post-call treat

A good bath and uninterrupted sleep.



DR PUAH KEN LEE
Orthopaedic Surgery

What do you envisage your contributions as a Chief Resident to be in five years' time?

To continue the tradition of mentoring and sharing of knowledge and skills despite external forces influencing the practice of our craft.

Special skill/talent

Packing and an insatiable appetite.

Hobbies

Operating, fixing things, running, working out, travelling.

Favorite lunch hangout

Din Tai Fung.

Best on-call tip

Have a full stomach and a fully-charged handphone.

Best post-call treat

A cup of hot cocoa and afternoon nap.



Residency Milestones

2016 January •

- JCST Initial Accreditation of Nuclear Medicine Senior Residency Program



2015 June •

- ACGME-I Continued Accreditation of Phase 3 Residency Programs

2013 July •

- First cohort of MOHH-Healthcare Leadership College (MOHH-HLC) Singapore Chief Residency Program (SCRCP)
- JCST Initial Accreditation for Surgical Subspecialties, Neurology and Advanced Internal Medicine



2012 July •

- ACGME-I Continued Accreditation of Phase 1 Residency Programs

2016

• 2016 July

- SingHealth Residents population hits 1,000



2015

• 2015 December

- JCST Initial Accreditation of Rehabilitation Medicine Senior Residency Program

• 2015 September

- Inaugural SingHealth Residency Graduation Ceremony



2013

• 2013 December

- ACGME-I Continued Accreditation of Phase 2 Residency Programs



2012

• 2012 August

- Inaugural Residency in SingHealth Excels (RiSE) Awards



2011

• 2011 July

- First Residents' Committee formed

2010

2010 July •

- First cohort of 63 Residents under the Enhanced Postgraduate Medical Education System



SingHealth Residency Games Day

It was a fun-filled day of excitement, friendly competition, and laughter at Zoom Park Singapore on 28 November 2015 for the SingHealth Residency Games.

Teams from different medical schools and programs battled it out on the trampolines, playing modified versions of Captain's Ball, Slam-Dunk Basketball, Dodgeball, and Ultimate Frisbee. Tumbling and bouncing across Singapore's largest trampoline park, we put our balance, fitness, and teamwork to the test.

In between games, Residents kept themselves busy (and sweaty!) on the tumble tracks, where they challenged their fear of heights and acrobatic skills to strike impressive poses in the air. Amongst the cheers of encouragement and calories burnt, new friendships were made and existing ones strengthened.

After an entire afternoon of fun and games, the team from Obstetrics & Gynecology emerged in first place, followed closely by the team from Ophthalmology. It was a day to be remembered; SingHealth Residents, Faculty, and support staff from the different programs were brought together for a demonstration of camaraderie and sportsmanship.





SingHealth Residency Freshmen Orientation

The annual SingHealth Residency Freshmen Orientation was held on 22 and 23 April 2016. The Graduate Medical Education Office planned out a comprehensive program to welcome new Residents into our big SingHealth family.

The freshmen attended the on-board briefing on Day One, where GCEO and DIO welcomed the newbies. There were also enriching briefing sessions by Senior Residents on what to expect during their Residency training in SingHealth.

Day Two of the program was a day of fun in the sun for all! Freshmen, current Residents and Faculty headed down to Siloso Beach to play games that nurtured teamwork, an all-important component that will see them through their rigorous training and future careers.

Archery Tag and Wipeout were stations that were enthusiastically received, along with all-time favourites such as Water Dodgeball and the Interactive Dance segment. The day ended with an engagement session with senior management from SGH, KKH, CGH, SHP and SKH over dinner by the beach.





SingHealth Residency Open House



The SingHealth Residency Open House was held on 30 July 2016 at the Academia. This annual affair was aimed at showcasing our comprehensive range of specialties and programs to medical students, current House Officers and Medical Officers who are keen to apply to SingHealth Residency.

The cheerful array of colorful balloons, which lined the walkway added to the excitement and carnival-like atmosphere.

The Academia was bustling with activities as the participants mingled with current Residents and Faculty at the different specialties' booths. There were opportunities to participate in hands-on experiences using scopes and training sets. Talks from various specialties were also packed with eager participants.

It was an eventful day as the students and House/Medical Officers got a chance to mingle with the programs and get a glimpse of what SingHealth Residency can offer for their future careers as Specialists!





Residency in SingHealth Excels (RiSE) Awards

As an institution with a long history in clinical work, academic medical education and research, SingHealth has always prided itself in recognising the core of what makes it successful – its people.

The RiSE Awards is held annually to celebrate and honour the achievements and stellar performances of our Residents and Faculty. This year, the event was held on 11 August 2016 at the Academia. It was an evening of celebration as over 280 Residents and Faculty were recognised for excelling in their clinical, education and research work.





Student Internship Program (SIP) Bootcamp

The SIP Bootcamp is an annual teaching event unique to SingHealth Residency, where the Residents' Committee (RC) engages clinical year students from the various medical schools. The aim of this year's bootcamp was to equip medical students with practical knowledge through multi-station simulations of common scenarios experienced by House Officers.

Joining the RC in fulfilling this vision were volunteers across all specialties. From Anaesthesia to Orthopaedics, Emergency to Internal Medicine, Residents worked together to develop a curriculum that would teach what textbooks could not. The students took the lead in tackling practical situations that often take place in the hospital. The Pediatrics team shared key clinical tips in dealing with the challenges of ward work and the Radiology Residents brought the students through the black, white and everything in-between.

After an intense day of on-call scenarios, communications and suturing plastic wounds, the students returned for a second day of subspecialty training. This time, students who were interested in Otolaryngology, Ophthalmology and Obstetrics & Gynecology had the opportunity to experience practical examinations and scenarios that they were unlikely to fully appreciate in medical school.





SingHealth Duke-NUS Education Conference

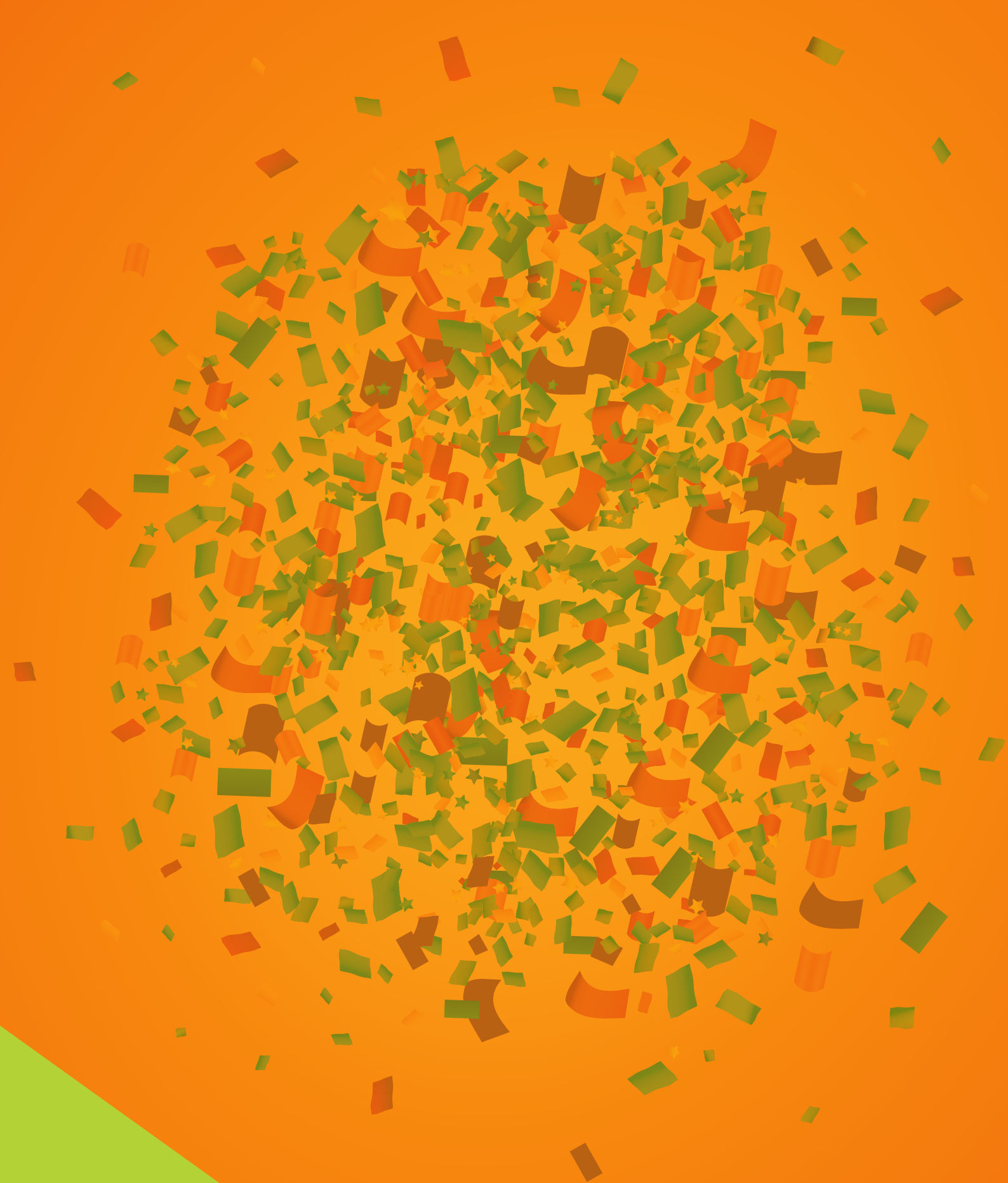


The 2nd SingHealth Duke-NUS Education Conference was held on 25 and 26 September 2015 at the Academia. The Conference is a signature biennial landmark event that showcased the rich academic exchange and collaboration in healthcare education, in SingHealth and Duke-NUS to improve patients' care outcomes. The two-day conference was attended by more than 1,000 delegates from healthcare institutions in Singapore and around the region.

With the theme 'Education across the Continuum for Improved Healthcare', the Conference featured a dynamic line-up of international and local speakers, including SingHealth Residents who shared on their leadership experience and teaching perspectives. It was a fruitful learning experience as Faculty and participants gained new insights, inspiration and teaching strategies for better learning outcomes, with the ultimate aim to raise healthcare education standards for better quality care.



Mark your calendars – the next SingHealth Duke-NUS Education Conference will be held on 29 & 30 September 2017 at Academia!



Living My Love
of Medicine

www.singhealthresidency.com.sg