

College of Allied Health Training Calendar

April 2020 – March 2021

All information stated is correct as of 03 October 2019 and subjected to change without notice. Fees are in Singapore Dollars (inclusive of 7% GST) unless otherwise indicated. Respective training institutes reserve the right to update, change or replace any information. We strongly encourage you to check this page periodically for changes.

Legend:

AHP Allied Health Professionals	DIET Dietitian	MSW Medical Social Worker	OT Occupational Therapist
PATH Pathologists' Assistant	PHARM Pharmacist	PT Physiotherapist	POD Podiatrist
PSY Psychologist	RAD Radiographer	ST Speech Therapist	

SKILLS & KNOWLEDGE-BASED (For specific AHPs)

Professions	Course/Lecture Title	Course Objectives	Course Outline	Pre-Requisites	Fee (SingHealth Staff)	Fee (Regular)	Category	Duration	Date(s)	Month(s)	Course in-charge
DIET	Medical Nutrition Therapy for Diabetes (For Dietitians)	<ol style="list-style-type: none"> Equip dietitians with essential nutrition knowledge on diabetes. Update dietitians with the latest and current principles and nutrition recommendations for people with diabetes, type 1, type 2 and other forms of diabetes. Update dietitians with knowledge on the principles of advanced carbohydrate counting. Understand the role of dietitians in the management of physical activity and exercise. 	<ol style="list-style-type: none"> Nutrition in diabetes Applying nutritional guidelines – An 'ideal diet' for diabetes? Blood glucose lowering medications – implications for diet Carbohydrate counting principles Understanding hypoglycaemia and its treatment Other forms of diabetes – nutritional considerations Advanced CHO counting 1 and 2 Physical activity/ exercise Managing the young adult with diabetes Meeting the demands of pregnancy and diabetes Managing patients with poor intake – Considerations for patients on enteral feeding Sick Day Management – The Dietitian's role 	Nil	\$360	\$400	Skills & Knowledge-based	3 half-days	25 - 26 & 28	Jan 2021	amelia.lim.j.t@sgh.com.sg
DIET	Medical Nutrition Therapy for Weight Management (Medical and Surgical) (For Dietitians)	<ol style="list-style-type: none"> Equip dietitians with essential nutrition knowledge on weight management (lifestyle intervention and bariatric surgery). Update dietitians with the latest and current principles and nutrition recommendations for pre- and post-bariatric surgery. 	<ol style="list-style-type: none"> Nutrition guidelines – current evidence Nutrition intervention - diet management, which include meal replacement and pharmacotherapy Types of bariatric surgery and the impact on nutrition Short and long term complications The need for specific nutritional supplementation following bariatric surgery The progression of diet and meal plan through the various stages of pre- and post- bariatric surgery Importance of and application of Motivational interviewing into nutritional intervention 	Nil	\$210	\$230	Skills & Knowledge-based	1 day	12	Jan 2021	amelia.lim.j.t@sgh.com.sg
MSW	Essential Medical Terminology and Symptomatology for Medical Social Workers	<ol style="list-style-type: none"> Increase knowledge in human body structure and functioning Understand the common symptomatology and diagnostic investigations carried out Comprehend & decipher the entries made by doctors in patient records Enhance understanding of the impact of physiology on psycho-social-emotional health essential to holistic case management. 	<ol style="list-style-type: none"> Basic anatomy of the human body How body structure relates to function How dysfunction relates to social handicaps & psychological stress Medical symptomatology & what brings patients to hospital Common investigations – when & why some tests are chosen over others 	Nil	\$460	\$510	Skills & Knowledge-based	2 days	26 - 27	Oct 2020	amelia.lim.j.t@sgh.com.sg
OT	A Safer Home: Risks Identifications and Home Modifications	<ol style="list-style-type: none"> Gain an overview of fall risks factors and fall risks assessment Demonstrate the ability in selection of home assessment tools for varied client groups (clients with physical, cognitive and vision impairment) Equipped with skills in home assessment and home modifications for varied clients group Equipped with knowledge of home assessment report writing 	<ol style="list-style-type: none"> Effectiveness of Home Modifications & Influencing Factors Fall Risks Assessment Home Assessment Home Modifications for Varied Conditions Hands On for Home Modifications Community Resources & Home Visit Report 	Nil	\$500	\$550	Skills & Knowledge-based	2 days	TBC	Oct or Nov 2020	joyce.lee.g.l@sgh.com.sg
OT	Bobath Certification (Advanced)	<ol style="list-style-type: none"> Demonstrate advanced clinical reasoning skills in the assessment, treatment and management of a range of neurological conditions. Critically evaluate and synthesise the theoretical evidence base for neurological rehabilitation and in depth movement analysis to develop individually tailored treatments. Validate advanced communication, clinical reasoning and specific handling skills through self evaluation. Articulate a clear understanding of how a change at the neuro-physiological level can impact on the patients clinical presentation and level of functioning. Critically evaluate and progress individual patient treatment programmes and response to treatment using the appropriate objective and subjective measures. 	<ol style="list-style-type: none"> Deepen current experience in neurological rehabilitation developing clinical skills in the context of evidence based practice. Develop problem solving skills through guided sessions used to demonstrate a range of clinical reasoning models and practical treatment sessions aimed at enhancing patient care Opportunity to review current evidence critically and synthesise this with clinical practice in the context of the Bobath Concept Specific handling skills to be developed through structured analysis <p>(The focus for this course will be on Cerebellar Ataxia)</p>	Participants must have completed the Basic Bobath or NDT course. Participants must be registered with the Allied Health Professions Council, Singapore and hold a valid practising certificate.	\$2360	\$2620	Skills & Knowledge-based	5 days	13 - 17	Jul 2020	joyce.lee.g.l@sgh.com.sg

College of Allied Health Training Calendar

April 2020 – March 2021

All information stated is correct as of 03 October 2019 and subjected to change without notice.
 Fees are in Singapore Dollars (inclusive of 7% GST) unless otherwise indicated.
 Respective training institutes reserve the right to update, change or replace any information.
 We strongly encourage you to check this page periodically for changes.

Legend:

AHP Allied Health Professionals	DIET Dietitian	MSW Medical Social Worker	OT Occupational Therapist
PATH Pathologists' Assistant	PHARM Pharmacist	PT Physiotherapist	POD Podiatrist
PSY Psychologist	RAD Radiographer	ST Speech Therapist	

SKILLS & KNOWLEDGE-BASED (For specific AHPs)											
Professions	Course/Lecture Title	Course Objectives	Course Outline	Pre-Requisites	Fee (SingHealth Staff)	Fee (Regular)	Category	Duration	Date(s)	Month(s)	Course in-charge
OT	Bobath Normal Movement	1) Describe the concepts and basic components of normal movement 2) Understand the wide postural and tonal variation in the normal population 3) Draw on improved analysis, assessment and facilitation skills to more effectively treat neuromuscular disorders	1) Concepts of normal movement used in the assessment and treatment of adults with neurological or neuromuscular impairments 2) Course consists of a theoretical introduction to normal movement, practical sessions and a patient demonstration	Nil	\$940	\$1040	Skills & Knowledge-based	3 days	8 - 10 TBC	Jul 2020 Feb 2021 (2 runs)	joyce.lee.g.l@sgh.com.sg
OT	Cognitive Rehabilitation	1) Define cognition and the place of cognition in contemporary occupational therapy practice. 2) Discuss international occupational therapy trends in the areas of cognitive assessment and intervention; a focus on 'functional cognition'. 3) Critically appraise assessments used by occupational therapists to assess cognitive capacity and discuss their relevance and application to an Asian population. 4) Brief and detailed cognitive assessments suitable for both acute and community settings. 5) Interpret and report relevant findings from assessment. 6) Establish and prioritize therapy goals. 7) Design intervention that aims to improve cognitive strategy use during occupational performance or compensate for losses that will not change. 8) Compensatory strategies for cognitive impairments. 9) Hospital based vs community based programmes. 10) Measure the outcome of therapy.	1) Assess adults with cognitive impairment following acquired brain impairment (eg. stroke, traumatic brain injury, Parkinson's disease, multiple sclerosis, dementia) or other conditions that impact on cognition (eg. chronic pain, prolonged low vision, mental health disorders, intellectual disabilities or the consequences of chemotherapy following cancer) 2) Use assessment findings to design intervention	Nil	\$900	\$1000	Skills & Knowledge-based	3 days	TBC	Sep or Oct 2020	joyce.lee.g.l@sgh.com.sg
OT	Management of Clients with Upper Limb Conditions	1) Apply knowledge in managing upper limb conditions 2) Master skills in fabricating splints appropriate for such conditions.	1) Population commonly affected 2) Progression of conditions 3) Role of Occupational Therapist 4) Evidence Based Management 5) Splints fabricated for such conditions	Nil	\$520	\$580	Skills & Knowledge-based	2 days	28 - 29	Sep 2020	joyce.lee.g.l@sgh.com.sg
OT	Prescription of Powered Mobility Aids	Gain understanding in prescribing appropriate motorised mobility aids for clients with varied medical conditions.	1) Common motorised mobility aids available for patients 2) Prescription of appropriate devices for patients of varied medical conditions 3) Practical sessions in managing motorised mobility aids 4) Possible adaptations to existing motorised mobility and accessories available.	Nil	\$400	\$440	Skills & Knowledge-based	2 days	TBC	Oct or Nov 2020	joyce.lee.g.l@sgh.com.sg
OT	Resistance Bands, Balls and Balance	1) Understand the scientific basis for elastic resistance and proprioceptive training 2) Demonstrate correct patient positioning, and appropriate use of elastic resistance and proprioceptive training devices 3) Understand appropriate dosing for elastic resistance and proprioceptive exercises 4) Learn how to appropriately progress elastic resistance and proprioceptive exercises	1) How does elastic resistance compare to other modes of training (isotonic, isometric, etc)? 2) Measuring and documenting resistance and exercise intensity when using elastic resistance bands 3) Train functional stability using proprioceptive and balance devices 4) Evidence-based and clinically relevant exercise progressions for a wide range of patient populations, including musculoskeletal, neurological and geriatric patient groups	Nil	\$270	\$300	Skills & Knowledge-based	1 day	24	Jul 2020	joyce.lee.g.l@sgh.com.sg

College of Allied Health Training Calendar

April 2020 – March 2021

All information stated is correct as of 03 October 2019 and subjected to change without notice. Fees are in Singapore Dollars (inclusive of 7% GST) unless otherwise indicated. Respective training institutes reserve the right to update, change or replace any information. We strongly encourage you to check this page periodically for changes.

Legend:

AHP Allied Health Professionals	DIET Dietitian	MSW Medical Social Worker	OT Occupational Therapist
PATH Pathologists' Assistant	PHARM Pharmacist	PT Physiotherapist	POD Podiatrist
PSY Psychologist	RAD Radiographer	ST Speech Therapist	

SKILLS & KNOWLEDGE-BASED (For specific AHPs)

Professions	Course/Lecture Title	Course Objectives	Course Outline	Pre-Requisites	Fee (SingHealth Staff)	Fee (Regular)	Category	Duration	Date(s)	Month(s)	Course in-charge
PHARM	Anticoagulation Management*	Provide an opportunity for doctors, nurses and pharmacists to increase their knowledge and expertise in managing patients receiving anticoagulation therapy.	1) Overview of coagulation tests used in anticoagulant monitoring 2) DOACs uses and monitoring 3) VTE prophylaxis and treatment updates 4) Role of Anticoagulation in Patients with various medical conditions 5) Perioperative management of patients on anticoagulants 6) Local experience of setting up Anticoagulation Service 7) Audit of Anticoagulation Clinic 8) Pharmacoeconomic modelling for Anticoagulation Clinic 9) Virtual Monitoring Clinic	Nil	\$950	\$1050	Skills & Knowledge-based	4 days (1 run)	1 – 4 or 8 – 11	Mar 2021	carlyn.wee.g.p@sgh.com.sg
PHARM	Clinical Reasoning Pharmacy Series (Endocrinology) (NEW course)	1) Enhance clinical reasoning and decision-making skills in the management of endocrinology related diseases and conditions; 2) Evaluate current evidences and integrate findings into day-to-day pharmacy practice	The course focuses on developing the clinical reasoning skills of practicing pharmacists in managing common endocrinology disease and conditions in Singapore. The proposed model shall integrate both clinical reasoning processes and SOAP processes using case-based discussions.	Nil	\$200	\$220	Skills & Knowledge-based	1 day	16	May 2020	carlyn.wee.g.p@sgh.com.sg
PHARM	Pharmacy Continuing Professional Education (CPE)	The Pharmacy Lecture Series consists of short seminars conducted regularly throughout the year. It serves as a platform for pharmacists to update, develop and acquire new knowledge and skills, to ensure continuing competence as professionals throughout their careers.		Nil	Complimentary	Complimentary	Skills & Knowledge-based	1 hour	Look out for monthly email alerts on lectures.	Lecture available monthly	carlyn.wee.g.p@sgh.com.sg

PT	Advanced Respiratory Care and Exercise Prescription in ICU	1) Demonstrate advanced clinical reasoning skills particularly in the ability to gather, interpret and synthesize appropriate information in cardiopulmonary physiotherapy in critical care setting 2) Outline the principle and rationale for ventilator hyperinflation, and perform ventilator hyperinflation in a simulated setting 3) Understand various criteria to assess and wean patient from mechanical ventilation 4) Methodically perform extubation checklist 5) Explain the principle and rationale for critical care mobility 6) Demonstrate competency in prescribing selected pulmonary modalities for patients in critical care settings	1) Monitoring and Assessment in Critical Care 2) Specialised ICU 3) Respiratory Physiotherapy in Critical Care 4) Respiratory care practical: MHI, VHI, Cough Assist 5) Exercise and Mobility Training in Critical Care	Nil	\$540	\$600	Skills & Knowledge-based	5 half-days	19 - 21 & 24 - 25	Aug 2020	joyce.lee.g.l@sgh.com.sg
PT	Bobath Certification (Advanced)	1) Demonstrate advanced clinical reasoning skills in the assessment, treatment and management of a range of neurological conditions. 2) Critically evaluate and synthesise the theoretical evidence base for neurological rehabilitation and in depth movement analysis to develop individually tailored treatments. 3) Validate advanced communication, clinical reasoning and specific handling skills through self evaluation. 4) Articulate a clear understanding of how a change at the neuro-physiological level can impact on the patients clinical presentation and level of functioning. 5) Critically evaluate and progress individual patient treatment programmes and response to treatment using the appropriate objective and subjective measures.	1) Deepen current experience in neurological rehabilitation developing clinical skills in the context of evidence based practice. 2) Develop problem solving skills through guided sessions used to demonstrate a range of clinical reasoning models and practical treatment sessions aimed at enhancing patient care 3) Opportunity to review current evidence critically and synthesise this with clinical practice in the context of the Bobath Concept 4) Specific handling skills to be developed through structured analysis (The focus for this course will be on Cerebellar Ataxia)	Participants must have completed the Basic Bobath or NDT course. Participants must be registered with the Allied Health Professions Council, Singapore and hold a valid practising certificate.	\$2360	\$2620	Skills & Knowledge-based	5 days	13 - 17	Jul 2020	joyce.lee.g.l@sgh.com.sg

College of Allied Health Training Calendar

April 2020 – March 2021

All information stated is correct as of 03 October 2019 and subjected to change without notice.
 Fees are in Singapore Dollars (inclusive of 7% GST) unless otherwise indicated.
 Respective training institutes reserve the right to update, change or replace any information.
 We strongly encourage you to check this page periodically for changes.

Legend:

AHP Allied Health Professionals	DIET Dietitian	MSW Medical Social Worker	OT Occupational Therapist
PATH Pathologists' Assistant	PHARM Pharmacist	PT Physiotherapist	POD Podiatrist
PSY Psychologist	RAD Radiographer	ST Speech Therapist	

SKILLS & KNOWLEDGE-BASED (For specific AHPs)											
Professions	Course/Lecture Title	Course Objectives	Course Outline	Pre-Requisites	Fee (SingHealth Staff)	Fee (Regular)	Category	Duration	Date(s)	Month(s)	Course in-charge
PT	Bobath Normal Movement	1) Describe the concepts and basic components of normal movement 2) Understand the wide postural and tonal variation in the normal population 3) Draw on improved analysis, assessment and facilitation skills to more effectively treat neuromuscular disorders	1) Concepts of normal movement used in the assessment and treatment of adults with neurological or neuromuscular impairments 2) Course consists of a theoretical introduction to normal movement, practical sessions and a patient demonstration	Nil	\$940	\$1040	Skills & Knowledge-based	3 days	8 - 10 TBC	Jul 2020 Feb 2021 (2 runs)	joyce.lee.g.l@sgh.com.sg
PT	Evidence-Based Practice in Physiotherapy	1) Conduct efficient and systematic search of medical literature that relates to a clinical question 2) Appraise the quality of a clinical research based on its methodology 3) Interpret the results of common types of clinical research: Observation studies, experimental studies and review studies 4) Assess the external validity and generalizability of a research study	1) Processes of evidence-based medicine (EBM) and study design 2) Question formulation PICO 3) Pragmatic literature search 4) Descriptive statistics & Statistical inferences 5) Binary data & Continuous data 6) Correlation 7) Regression 8) RCT appraisal 9) Systematic reviews & Meta-analysis	Nil	\$450	\$500	Skills & Knowledge-based	4 half-days	28 - 29 May & 1 - 2 Jun	May & Jun 2020	joyce.lee.g.l@sgh.com.sg
PT	Physiotherapy Assessment & Management of Cervical Disorders	1) Plan, prioritize and perform a physical examination for the cervical, upper cervical and cervico-scapular region 2) Discuss and demonstrate differential diagnosis of common cervical, upper cervical, and cervico-scapular dysfunctions 3) Understand the importance of thoracic spine function on cervical spine disorders 4) Provide effective management strategies based on a clinical reasoning framework 5) Formulate a treatment plan and exercise program that will address relevant impairments and maximise recovery and function	1) Cervical Assessment & Management 2) Cervical surgeries, Imaging 3) Post op Cervical Management, progression, precautions 4) Assessment of nervous system 5) Cervicogenic headache, dizziness, and the upper cervical spine 6) Thoracic spine I 7) Thoracic spine II 8) Exercises for neck pain 9) Work hardening of upper quadrant	Nil	\$620	\$680	Skills & Knowledge-based	4 half-days	11 - 14	Jan 2021	agnes.low.s.m@sgh.com.sg
PT	Physiotherapy Assessment & Management of Lower Quadrant Disorders	1) Efficiently perform a physical assessment of the lower quadrant. 2) Discuss and clinically reason through the differential diagnosis of common lower quadrant dysfunction. 3) Formulate an effective treatment plan for lower quadrant dysfunctions 4) Interpret basic radiological findings for the knee	1) Rehabilitation for the injured patient post ACL injury 2) Assessment & Management of the Hip Complex 3) Introduction to musculoskeletal imaging for the knee 4) Exercise prescription for patients with lower limb conditions 5) Physiotherapy rehabilitation post hip surgery 6) Assessment & Management of the Knee 7) Assessment & Management of the Foot/ankle 8) Assessment/ Management of Running Injuries	Nil	\$620	\$680	Skills & Knowledge-based	4 half-days	20 - 23	Jul 2020	agnes.low.s.m@sgh.com.sg
PT	Problem Solving Approach in Respiratory Physiotherapy	1) Assess, identify indications, precautions and contraindications & prioritize the respiratory problems amendable to physiotherapy techniques 2) Advanced knowledge on the rationale and scientific basis supporting the various cardiorespiratory therapy techniques 3) Abilities to identify physiotherapy techniques and adjuncts that are suitable for different respiratory issues 4) Practical skills to manage the various respiratory physiotherapy adjuncts	1) Clinical Reasoning Approach in Cardiopulmonary Physiotherapy 2) Tracheostomy Management & Humidification 3) Pharmacological Treatment for Secretion Management and Increased Work of Breathing 4) Patient's presentation, management options and its supporting theory (Neuromuscular disease / SCI, upper abdominal surgery, COPD) 5) Airway clearance Therapy techniques and modality 6) Lung Expansion Therapy and Modality 7) Outcome measures	Nil	\$520	\$580	Skills & Knowledge-based	4 half-days	23 - 26	Nov 2020	joyce.lee.g.l@sgh.com.sg

College of Allied Health Training Calendar

April 2020 – March 2021

All information stated is correct as of 03 October 2019 and subjected to change without notice. Fees are in Singapore Dollars (inclusive of 7% GST) unless otherwise indicated. Respective training institutes reserve the right to update, change or replace any information. We strongly encourage you to check this page periodically for changes.

Legend:

AHP Allied Health Professionals	DIET Dietitian	MSW Medical Social Worker	OT Occupational Therapist
PATH Pathologists' Assistant	PHARM Pharmacist	PT Physiotherapist	POD Podiatrist
PSY Psychologist	RAD Radiographer	ST Speech Therapist	

SKILLS & KNOWLEDGE-BASED (For specific AHPs)											
Professions	Course/Lecture Title	Course Objectives	Course Outline	Pre-Requisites	Fee (SingHealth Staff)	Fee (Regular)	Category	Duration	Date(s)	Month(s)	Course in-charge
PT	Resistance Bands, Balls and Balance	<ol style="list-style-type: none"> 1) Understand the scientific basis for elastic resistance and proprioceptive training 2) Demonstrate correct patient positioning, and appropriate use of elastic resistance and proprioceptive training devices 3) Understand appropriate dosing for elastic resistance and proprioceptive exercises 4) Learn how to appropriately progress elastic resistance and proprioceptive exercises 	<ol style="list-style-type: none"> 1) How does elastic resistance compare to other modes of training (isotonic, isometric, etc)? 2) Measuring and documenting resistance and exercise intensity when using elastic resistance bands 3) Train functional stability using proprioceptive and balance devices 4) Evidence-based and clinically relevant exercise progressions for a wide range of patient populations, including musculoskeletal, neurological and geriatric patient groups 	Nil	\$270	\$300	Skills & Knowledge-based	1 day	24	Jul 2020	joyce.lee.g.l@sgh.com.sg
PT	SENSE MAKING: Advance X-Ray and CT Imaging of the Thorax for Physiotherapists (NEW course)	<ol style="list-style-type: none"> 1) Know and understand the common terms used in Chest X-ray and Chest CT 2) Understand the technical parameters and scanning protocols used for Chest X-ray and Chest CT 3) Recognise basic radiological anatomy of Chest X-ray and Chest CT 4) Able to differentiate between normal and abnormal appearances of common chest / lung diseases 5) Identify and recognise common abnormal chest radiographic patterns 6) Able to localise lung pathologies with regards to the location in the chest cavity 7) Apply knowledge of Chest X-ray and Chest CT imaging learnt and relate them in physiotherapy context 	<p>In this 2-day course, participants will learn how to do basic interpretation of chest images derived from two imaging modalities in the forms of locating common anatomical structures of the chest and appreciating the different appearances of chest images from different imaging protocols.</p> <p>This course will also illustrate and discuss the commonly encountered chest diagnoses for healthcare professionals. There are mini tests included at the end of every topic presented to reinforce the concepts and teachings that were being taught.</p>	Nil (This course is open to healthcare professionals who are interested to know more about X-ray and CT of the chest.)	\$410	\$460	Skills & Knowledge-based	2 days	2 - 3	Nov 2020	carlyn.wee.g.p@sgh.com.sg
PT	Vestibular Rehabilitation	<ol style="list-style-type: none"> 1) Outline the anatomy and physiology of the vestibular system. 2) Describe the possible causes of dizziness/vertigo and imbalance 3) Differentiate between central, peripheral and other causes of dizziness/vertigo, including benign paroxysmal positional vertigo (BPPV), vestibular neuritis and cervicogenic dizziness. 4) Describe typical laboratory-based tests of vestibular and hearing function and interpret common findings. These include calorics and hearing tests. 5) Perform a basic bedside evaluation of a patient with dizziness/vertigo. These include oculomotor and positional tests, with and without the use of frenzel lenses. 6) Form a basic evaluation of balance under varying sensory conditions and interpret the findings. 7) Develop an evidence-based treatment program for balance and dizziness, including BPPV, with measurable, functional outcomes from assessment findings 	<ol style="list-style-type: none"> 1) Anatomy and physiology of the vestibular system 2) Common vestibular disorders and differential diagnosis 3) Vestibular Function Tests 4) Elements of a vestibular assessment including in acute settings 5) Oculomotor examination 6) Benign paroxysmal positional vertigo management (Cupulolithiasis and canalithiasis) 7) Assessment of gait and balance 8) Exercises used in vestibular rehabilitation 	Nil	\$410	\$450	Skills & Knowledge-based	4 half-days	4 - 5 & 8 - 9	Mar 2021	joyce.lee.g.l@sgh.com.sg
POD	Pharmacology Management in Diabetes and Diabetic Foot Infections (NEW course)	<ol style="list-style-type: none"> 1) Understand different types of medication usage, effects and mode of action in management of diabetes mellitus 2) Pharmacology of diabetes and related medications and their considerations 3) Drug interactions and considerations in Diabetes mellitus 4) Develop an understanding of antibiotics pharmacology 5) Classes of antibiotics and its mechanism 6) Overview of diabetic foot infections: diagnosis and treatment 7) Identify the different antibiotics regime used for soft tissue and bone infections 8) Considerations of antibiotic prescriptions 9) Common diabetic foot infections and antimicrobial therapy in soft tissue and bone infections 10) Antimicrobial resistance 	<ol style="list-style-type: none"> 1) Diabetes mellitus management : Pharmacological Therapy and its considerations 2) Antibiotics pharmacology 3) Diabetic foot infections 4) Treatment management of diabetic foot infections 5) Antimicrobial resistance in infections 	Nil	\$140	\$150	Skills & Knowledge-based	1 half-day	15	Jul 2020	agnes.low.s.m@sgh.com.sg

College of Allied Health Training Calendar

April 2020 – March 2021

All information stated is correct as of 03 October 2019 and subjected to change without notice. Fees are in Singapore Dollars (inclusive of 7% GST) unless otherwise indicated. Respective training institutes reserve the right to update, change or replace any information. We strongly encourage you to check this page periodically for changes.

Legend:

AHP Allied Health Professionals	DIET Dietitian	MSW Medical Social Worker	OT Occupational Therapist
PATH Pathologists' Assistant	PHARM Pharmacist	PT Physiotherapist	POD Podiatrist
PSY Psychologist	RAD Radiographer	ST Speech Therapist	

SKILLS & KNOWLEDGE-BASED (For specific AHPs)

Professions	Course/Lecture Title	Course Objectives	Course Outline	Pre-Requisites	Fee (SingHealth Staff)	Fee (Regular)	Category	Duration	Date(s)	Month(s)	Course in-charge
RAD	SENSE MAKING: Advance X-Ray and CT Imaging of the Thorax for Physiotherapists (NEW course)	<ol style="list-style-type: none"> 1) Know and understand the common terms used in Chest X-ray and Chest CT 2) Understand the technical parameters and scanning protocols used for Chest X-ray and Chest CT 3) Recognise basic radiological anatomy of Chest X-ray and Chest CT 4) Able to differentiate between normal and abnormal appearances of common chest / lung diseases 5) Identify and recognise common abnormal chest radiographic patterns 6) Able to localise lung pathologies with regards to the location in the chest cavity 7) Apply knowledge of Chest X-ray and Chest CT imaging learnt and relate them in physiotherapy context 	<p>In this 2-day course, participants will learn how to do basic interpretation of chest images derived from two imaging modalities in the forms of locating common anatomical structures of the chest and appreciating the different appearances of chest images from different imaging protocols.</p> <p>This course will also illustrate and discuss the commonly encountered chest diagnoses for healthcare professionals. There are mini tests included at the end of every topic presented to reinforce the concepts and teachings that were being taught.</p>	<p>Nil</p> <p>(This course is open to Healthcare Professionals who are interested to know more about X-ray and CT of the chest.)</p>	\$410	\$460	Skills & Knowledge-based	2 days	2 - 3	Nov 2020	carlyn.wee.g.p@sgh.com.sg
RAD	Ultrasound Elastography*	Equip participants with the core knowledge and skills in the use of elastography in musculoskeletal, liver and breast imaging.	<ol style="list-style-type: none"> 1) Understand the principles of strain and shear-wave elastography 2) Familiar with the differences between strain and shear-wave elastography 3) Understand the clinical application of strain and shear-wave elastography in the evaluation of musculo-tendinous pathologies, liver fibrosis/cirrhosis and breast lesions 4) Recognize the normal and abnormal features of musculo-tendinous, liver and breast tissues evaluated using ultrasound elastography 	<p>Nil</p> <p>(This course is open to Radiographers practicing in ultrasound and Healthcare Professionals involved in ultrasound work.)</p>	\$360 (Doctors) \$300 (AHPs)	\$400 (Doctors) \$330 (AHPs)	Skills & Knowledge-based	1 day	7	Nov 2020	carlyn.wee.g.p@sgh.com.sg

LEADERSHIP & COMMUNICATIONS

Professions	Course/Lecture Title	Course Objectives	Course Outline	Pre-Requisites	Fee (SingHealth Staff)	Fee (Regular)	Category	Duration	Date(s)	Month(s)	Course in-charge
AHP	Developing Leadership Capabilities & Effectiveness*	<ol style="list-style-type: none"> 1) Understand principles and insights into leadership 2) Apply knowledge and skills learnt 3) Develop into not merely good, but an extraordinary and effective leader 	<ol style="list-style-type: none"> 1) Great Leaders Make a Great Difference 2) Character is the Essence of Leadership 3) Leadership Principles and Skills 4) Leadership Styles: Using the Right One 5) Leadership and Teams 6) Legacy of Leadership: Develop Your People 	<p>Nil</p>	\$400	\$440	Leadership & Communications	2 days	TBC	TBC	carlyn.wee.g.p@sgh.com.sg
AHP	Positive Leadership*	<ol style="list-style-type: none"> 1) The case for positive leadership. 2) Imbue positive meaning into work and leadership. 3) The importance of empathy and psychological safety in healthcare 4) The importance of positive emotions, energy management and positive energy 5) How to give and receive growth-promoting feedback 	<ol style="list-style-type: none"> 1) The Case for Positive Leadership 2) Positive Meaning in Work 3) Positive Relationships, Including Team 4) Psychological Safety and Empathy 5) Cultivating Supportive Feedback Culture 6) Leading with Emotional and Energy Awareness 	<p>Healthcare professionals with leadership position only</p>	\$550	\$610	Leadership & Communications	2 days	17 & 31	Aug 2020	amelia.lim.j.t@sgh.com.sg

* This course may be applicable to doctors or nurses.

College of Allied Health Training Calendar

April 2020 – March 2021

All information stated is correct as of 03 October 2019 and subjected to change without notice. Fees are in Singapore Dollars (inclusive of 7% GST) unless otherwise indicated. Respective training institutes reserve the right to update, change or replace any information. We strongly encourage you to check this page periodically for changes.

Legend:

AHP Allied Health Professionals	DIET Dietitian	MSW Medical Social Worker	OT Occupational Therapist
PATH Pathologists' Assistant	PHARM Pharmacist	PT Physiotherapist	POD Podiatrist
PSY Psychologist	RAD Radiographer	ST Speech Therapist	

PEDAGOGY & RESEARCH											
Professions	Course/Lecture Title	Course Objectives	Course Outline	Pre-Requisites	Fee (SingHealth Staff)	Fee (Regular)	Category	Duration	Date(s)	Month(s)	Course in-charge
AHP	Biostatistics for Research (Advance)*	Equip participants with the knowledge and skills to design a database and perform data processing and analysis. There will be exercises for participants to practice.	<ol style="list-style-type: none"> 1) Basic and Intermediate Revisit 2) Multinomial, Ordinal & Conditional Logistic Regression 3) Linear Regression vs General Linear Model (GLM) 4) Linear Mixed Models & GLM 5) Repeated Measures GLM vs Mixed Model 6) Generalized Estimating Equations (GEE) 7) Poisson Regression & Weighted Logistic Regression 8) ROC Analysis – Development of Risk Score Models 9) Principal Components Analysis, Factor & Reliability Analysis 10) Exercises and Q&A (at the end of each training day) 	<p>This course is recommended for participants who have previously enrolled for the Biostatistics for Research (Basic/Intermediate) Course.</p> <p>Participants should have statistical knowledge and have computer skills (Microsoft Windows and Excel).</p>	\$740	\$820	Pedagogy & Research	3 days	11 - 13 23 - 25	May 2020 Nov 2020	amelia.lim.j.t@sgh.com.sg agnes.low.s.m@sgh.com.sg
AHP	Biostatistics for Research (Basic/ Intermediate)*	Equip participants with the knowledge and skills to design a database and perform basic data processing and analysis.	<ol style="list-style-type: none"> 1) Defining Data 2) Introduction to Clinical Research Methodology 3) Quantitative Analysis: Parametric and Non-Parametric tests 4) Merging files. Exporting files from Excel & Access. Syntax commands 5) Recording data, logical and compute statements. Charts & graphs 6) Qualitative Analysis: Determining associations between categorical variables – Chi square, Fisher's Exact and McNemar test. Use of Odds Ratios and Relative Risks 7) Correlation & Linear Regression Association between Quantitative Variables 8) Logistic Regression 9) Survival Analysis 10) Kaplan Meier and Cox regression for Analysis of Quantitative Data with Censoring 11) Exercises & Q&A (at the end of each training day) 	<p>Participants should have statistical knowledge and have computer skills (Microsoft Windows and Excel).</p> <p>This course is not suitable for beginners in statistics</p>	\$680	\$760	Pedagogy & Research	3 days	13 - 15 8 - 10 6 - 8 3 - 5 7 - 9 12 - 14	Apr 2020 Jun 2020 Jul 2020 Aug 2020 Sep 2020 Oct 2020	amelia.lim.j.t@sgh.com.sg agnes.low.s.m@sgh.com.sg

* This course may be applicable to doctors or nurses.

College of Allied Health Training Calendar

April 2020 – March 2021

All information stated is correct as of 03 October 2019 and subjected to change without notice. Fees are in Singapore Dollars (inclusive of 7% GST) unless otherwise indicated. Respective training institutes reserve the right to update, change or replace any information. We strongly encourage you to check this page periodically for changes.

Legend:

AHP Allied Health Professionals	DIET Dietitian	MSW Medical Social Worker	OT Occupational Therapist
PATH Pathologists' Assistant	PHARM Pharmacist	PT Physiotherapist	POD Podiatrist
PSY Psychologist	RAD Radiographer	ST Speech Therapist	

SKILLS & KNOWLEDGE-BASED (For AHPs)

Professions	Course/Lecture Title	Course Objectives	Course Outline	Pre-Requisites	Fee (SingHealth Staff)	Fee (Regular)	Category	Duration	Date(s)	Month(s)	Course in-charge
AHP	Applied Suicide Intervention Skills Training (ASIST)*	1) Acquire knowledge and skills to deal with person at risk of suicide with greater confidence and competence. 2) Recognise and assist persons at risk of suicide using an effective suicide intervention model.	1) Introduction Module - Sets the tone, norms & expectations of the learning experience. 2) Attitudes Module - Sensitises participants to their own attitudes towards suicide. Creates an understanding of the impact that attitudes have on their intervention process. 3) Knowledge Module - Provides participants with the knowledge & skills to recognize & assess the risk of suicide. 4) Intervention Module - Presents a model for effective suicide intervention. Participants develop their skills through observation, supervised simulation experiences & role-plays. 5) Resources Module - Generates information about resources in the local community. Promotes a commitment by participants to build local resources into helping networks.	Nil	\$500	\$560	Skills & Knowledge-based	2 days	16 - 17 19 - 20 11 - 12	Jul 2020 Nov 2020 Mar 2021	amelia.lim.j.t@sgh.com.sg
AHP	Cognitive Behaviour Therapy for Pain Management (NEW course)	1) Professional development 2) Intervene related competency 3) Assessment and formulation	1) Different psychological models of chronic pain and management 2) Introduction to cognitive behaviour therapy, and its application for chronic pain management	Nil	\$220	\$240	Skills & Knowledge-based	1 day	23	Oct 2020	agnes.low.s.m@sgh.com.sg
AHP	Continuing Education Lecture Series (approx 6 for FY20)	Enhance and upgrade capabilities through lunch-time talks that provide bite-sized information sharing sessions	To be advised 2 months before the lecture	Nil	\$6.00/pax (for provision of lunch)	N.A	Pedagogy & Research	1 hour in the afternoon (once every 2 months)	20/05/2020 15/07/2020 16/09/2020 21/10/2020 20/01/2021 17/03/2021	May Jul Sep Oct Jan Mar	ahp_edu@cgh.com.sg
AHP	Continuing Professional Development (CPD)	The CPD Lecture Series consists of short seminars conducted regularly throughout the year. It serves primarily as a platform to discuss the latest developments within various aspects of the allied health profession. Specialists from various healthcare professions are invited to share their expertise, thus providing alternative views on topics and offering allied health professionals with a holistic view of their role in healthcare.		Nil	Complimentary	Complimentary	Skills & Knowledge-based	1 hour	Look out for monthly email alerts on lectures.	Once every month	pgahi@sgh.com.sg

College of Allied Health Training Calendar

April 2020 – March 2021

All information stated is correct as of 03 October 2019 and subjected to change without notice.
 Fees are in Singapore Dollars (inclusive of 7% GST) unless otherwise indicated.
 Respective training institutes reserve the right to update, change or replace any information.
 We strongly encourage you to check this page periodically for changes.

Legend:

AHP Allied Health Professionals	DIET Dietitian	MSW Medical Social Worker	OT Occupational Therapist
PATH Pathologists' Assistant	PHARM Pharmacist	PT Physiotherapist	POD Podiatrist
PSY Psychologist	RAD Radiographer	ST Speech Therapist	

SKILLS & KNOWLEDGE-BASED (For AHPs)											
Professions	Course/Lecture Title	Course Objectives	Course Outline	Pre-Requisites	Fee (SingHealth Staff)	Fee (Regular)	Category	Duration	Date(s)	Month(s)	Course in-charge
AHP	Diabetes Nutrition Course*	1) Educate the multidisciplinary diabetes healthcare providers with basic yet essential nutrition knowledge on diabetes. 2) Debunk misconceptions surrounding diet and diabetes. 3) Enhance the importance of using self-blood glucose monitoring as a tool to better achieve the control of blood glucose level and to see how different food affect blood glucose level	1) Nutrition – in diabetes management 2) Diabetes nutrition recommendations – current updates 3) "Diabetic diet" – Facts and Fallacies 4) Eating with Diabetes 5) Meal Planning with Diabetes 6) Glycaemic Index and mixed meals 7) Importance of SBGM 8) Tracking hypes and hypos 9) Eating Out 10) Armchair supermarket tour	Nil	\$210	\$230	Skills & Knowledge-based	1 day	10	Sep 2020	amelia.lim.i.t@sgh.com.sg
AHP	Enteral Nutrition Course*	1) Equip healthcare providers with skills in handling patients requiring enteral nutrition feeding. 2) Promote evidence based practice for enteral nutrition management. 3) Perform nutrition screening and identify patients requiring enteral nutrition 4) Understand the causes and problems of malnutrition, and the importance of providing appropriate enteral nutrition 5) Identify feeding problems/complications in tube fed patients 6) Understand the various commonly used enteral feeds 7) Understand the various feeding tubes/devices and its management	1) Nutrition screening and assessment 2) Enteral feeding rationale and monitoring 3) Enteral feeds selection 4) Enteral feeds taste testing session 5) Identifying enteral feeding complications 6) Enteral feeding trouble shooting 7) Medication administration via feeding tube 8) Feeding tube selection	Nil	\$210	\$230	Skills & Knowledge-based	1 day	2	Mar 2021	amelia.lim.i.t@sgh.com.sg
AHP	Ergonomics	1) Understand the principles of Ergonomics. 2) Understand anthropometry and its application in workplace design. 3) Understand and apply tools and methodologies to assess risk factors in office and industrial settings. 4) Understand and apply methodologies in evaluating manual handling. 5) Understand and apply the Singapore Standard SSS14 Code of Practice for Office Ergonomics	The 2 day course covers: 1) Musculoskeletal Systems and Disorders 2) Ergonomics Risk Assessment 3) Anthropometry 4) Ergonomics Programme Development 5) Office Ergonomics 6) Manual Handling Additional 1/2 day for Occupational Therapists on Case Discussions and Applications.	Nil	\$415 (2 days) \$520 (2.5 days)	\$460 (2 days) \$580 (2.5 days)	Skills & Knowledge-based	2 days 2.5 days for Occupational Therapists (0.5 day to be 1 month later)	21 - 22	Jan 2021 (follow-up session on 22 Feb 2021 for Occupational Therapists only)	joyce.lee.g.l@sgh.com.sg
AHP	Essential Counselling Skills Course*	1) Understanding what counselling is 2) Acquire effective counselling skills 3) Application of a problem-solving structure to facilitate positive intervention.	1) Introduction to Counseling 2) Person of a helper: Building self-awareness 3) Seven Principles of Casework 4) Basic Attending Behaviours 5) Basic listening skills 6) The Problem-Solving Approach: PADI	Nil	\$500	\$550	Skills & Knowledge-based	2 days	4 - 5 17 - 18	Jun 2020 Sep 2020	amelia.lim.i.t@sgh.com.sg
AHP	Influencing Behaviour in Dementia Care Through Person-centred Approach (Part 1)	1) Define what it means to be person-centred in a care setting. 2) Adopt the person-centred approach to address responsive behaviours of persons with dementia. 3) Apply the Enriched Model of Dementia to influence behaviour so as to promote dignity and respect for people with dementia	1) Experiential Activity 2) Unpacking Person-centred Care (PCC) Principles a) Definition=VIPS b) Barriers to VIPS in care setting 3) Using the Enriched Model of Dementia to address responsive behaviours a) Defining responsive behaviours b) Adopt the Enriched Model of Dementia to explain the responsive behaviours c) Formulate PCC interventions to address the responsive behaviours 4) Assessment: Presentation of Case Study	Nil	\$520	\$580	Skills & Knowledge-based	2 days	27 - 28 TBC	Aug 2020 Feb 2021 (2 runs)	joyce.lee.g.l@sgh.com.sg

* This course may be applicable to doctors or nurses.

College of Allied Health Training Calendar

April 2020 – March 2021

All information stated is correct as of 03 October 2019 and subjected to change without notice. Fees are in Singapore Dollars (inclusive of 7% GST) unless otherwise indicated. Respective training institutes reserve the right to update, change or replace any information. We strongly encourage you to check this page periodically for changes.

Legend:

AHP Allied Health Professionals	DIET Dietitian	MSW Medical Social Worker	OT Occupational Therapist
PATH Pathologists' Assistant	PHARM Pharmacist	PT Physiotherapist	POD Podiatrist
PSY Psychologist	RAD Radiographer	ST Speech Therapist	

SKILLS & KNOWLEDGE-BASED (For AHPs)											
Professions	Course/Lecture Title	Course Objectives	Course Outline	Pre-Requisites	Fee (SingHealth Staff)	Fee (Regular)	Category	Duration	Date(s)	Month(s)	Course in-charge
AHP	Influencing Behaviour in Dementia Care Through Person-centred Approach (Part 2)	1) Translate in-depth knowledge and skills of person-centred care approach into care plans for dementia patients 2) Design effective specific intervention techniques underpinned by theoretical framework(s) to engage dementia persons and caregivers to improve service outcomes	1) Reflections and Experiential Activity 2) Review of Enriched Model of Dementia Plans 3) Person-centred Approach skills and techniques to influence responsive behaviours a) Communication b) Validation c) Facilitation d) Engagement 4) Person-centred Approach Interventions to collaborate with caregivers a) Provide Psycho-educational interventions b) Develop task-specific and problem solving skills c) Strengthen Competence	Participants should have completed Influencing Behaviour in Dementia Care Through Person-centred Approach (Part 1)	\$750	\$830	Skills & Knowledge-based	3 days	TBC	Oct 2020	joyce.lee.j.t@sgh.com.sg
AHP	Introduction to Art Therapy: Art Therapy in Patient Care*	1) Gain appreciation on art therapy and the various methods used in art therapy 2) Gain appreciation on the benefits of art therapy in the clinical setting 3) Understand the impact of various art materials on patients 4) Learn different art therapy strategies that could enhance the therapeutic relationship between clinicians and patients or for your professional development	1) An overview of the different styles and schools of art therapy 2) Understanding the uses of various art materials and their possible benefits. 3) Art therapy evaluation tools and its usage in the clinical setting 4) Group experiential 5) Role play on how to engage a new client in art making	Nil (No previous experience of art making is required but it is important that participant be prepared to take part in art making.)	\$240	\$270	Skills & Knowledge-based	1 day	3	Jul 2020	carlyn.wee.g.p@sgh.com.sg
AHP	Introduction to Solution Focused Brief Therapy*	1) Acquire knowledge of the core skills, mind-set and philosophy of Solution Focused Brief Therapy (SFBT). 2) Appreciate the relevance of SFBT to their clinical practice (specifically within the healthcare setting). 3) Practice application of the solution focused model structure during the course of the workshop.	1) Introduction to the history, development, philosophy & mindset of solution focused brief therapy 2) Basic framework for first session protocol 3) Key questioning techniques 4) Stages of Solution Building 5) Review of Day 1 & process 6) Basic framework for second & subsequent session protocol 7) Applying EARS process 8) Dealing with client setbacks, relapses & challenging situations 9) Final review of SF process	Nil	\$680	\$750	Skills & Knowledge-based	2 days and 3 hour post course follow up on 16 Nov 2020, 9am – 12pm	15 - 16	Oct 2020	amelia.lim.j.t@sgh.com.sg
AHP	Mindful Self-Compassion (NEW course)	1) Competency of self-care 2) Self-assessment and development 3) Transference and counter-transference of psychologists	<u>Day 1</u> 1) An introduction to Mindfulness and Self-Compassion for healthcare professionals in workplace 2) Introduction and guidance through various Mindfulness Self-compassion exercises 3) Learn to apply the exercises taught and implement them to their daily workplace <u>Day 2</u> 1) Reflect and share of the experiences in implementing through the practices in daily work Participants would need to complete both session to be considered as completing the course.	Nil	\$410	\$450	Skills & Knowledge-based	2 days	19 & 26	Jun 2020	agnes.low.s.m@sgh.com.sg

College of Allied Health Training Calendar

April 2020 – March 2021

All information stated is correct as of 03 October 2019 and subjected to change without notice. Fees are in Singapore Dollars (inclusive of 7% GST) unless otherwise indicated. Respective training institutes reserve the right to update, change or replace any information. We strongly encourage you to check this page periodically for changes.

Legend:

AHP Allied Health Professionals	DIET Dietitian	MSW Medical Social Worker	OT Occupational Therapist
PATH Pathologists' Assistant	PHARM Pharmacist	PT Physiotherapist	POD Podiatrist
PSY Psychologist	RAD Radiographer	ST Speech Therapist	

SKILLS & KNOWLEDGE-BASED (For AHPs)											
Professions	Course/Lecture Title	Course Objectives	Course Outline	Pre-Requisites	Fee (SingHealth Staff)	Fee (Regular)	Category	Duration	Date(s)	Month(s)	Course in-charge
AHP	Motivational Interviewing: Foundational Skills*	1) History of Motivational Interviewing (MI) 2) Underlying theories of MI 3) Develop foundational skills of MI through didactic and experiential processes.	1) Motivational Interviewing: 30 Years of asking questions about change 2) The underlying assumptions, ideas and theories of MI 3) What is MI and is not MI 4) The Spirit of MI - Partnership, Acceptance, Compassion and Evocation 5) The Foundational Skills - Open Questions, Affirmations, Reflective Listening, Summary Statement - Key Strategies of MI 6) Interacting with Change & Sustain Talk 7) Working with discord 8) Planning for Change 9) Exploring cultural considerations for MI	Nil	\$690	\$770	Pedagogy & Research	2 days	27 - 28 8 - 9 9 - 10	Jul 2020 Oct 2020 Nov 2020	amelia.lim.j.t@sgh.com.sg
AHP	Motivational Interviewing: Building Skills*	1) Deepening reflective listening skills 2) Listening to and interacting with change and sustain talk 3) Expanding your working knowledge of MI 4) Learning the basics of coding MI practice 5) Develop an ongoing personal learning plan	1) Importance of MI Spirit 2) Four Processes of MI 3) Emphasis on Change Talk - Depth, Strength and Momentum 4) Working with Sustain Talk and Discord 5) Search for the Mechanisms Of Action in MI 6) Motivational Interviewing Treatment Integrity code (MITI) 4.2.1 7) How to increase proficiency in MI - Working with coded and un-coded transcripts - Reflective practice - Deepening reflections - Fine tuning listening skills	Healthcare professionals who completed the Motivational Interviewing: Foundational Skills course.	\$690	\$770	Pedagogy & Research	2 days	12 - 13	Nov 2020	amelia.lim.j.t@sgh.com.sg
AHP	PEERS Program for Adolescents (NEW course)	1) Guide mental health professionals, medical professionals, and/or educators on the administration and implementation of the parent-assisted PEERS® for Adolescents intervention in a clinical-type setting 2) Provide a model for an evidence-based social skills treatment for teens in middle school and high school (age 11-18) with ASD, ADHD, Anxiety, Depression and other social difficulties, particularly with respect to friendships	1) How to use appropriate conversational skills 2) How to choose appropriate friends 3) How to appropriately use electronic forms of communication 4) How to appropriately use humor and assess humor feedback 5) How to start, enter, and exit conversations between peers 6) How to organize successful get-togethers with friends 7) How to be a good sport when playing games/sports with friends 8) How to handle arguments and disagreements with friends and in relationships 9) How to handle rejection, teasing, bullying, and rumors/gossip 10) How to change a bad reputation	Professionals in the mental health or medical field with a degree or certification in the field of psychology or a related mental health field, including B.C.B.A, M.S.W, L.C.S.W, M.A, M.S, M.F.T,M.D, R.N, L.V.N, PhD, Psy.D, Ed.D, M.P.H, S.L.P, O.T, R.T.	\$1590	\$1770	Skills & Knowledge-based	3 days	7 - 9	Sep 2020	amelia.lim.j.t@sgh.com.sg
AHP	Transfer Training	1) Demonstrate good ergonomics during transfer 2) Learn the use the various types of assistive transfer devices 3) Learn and demonstrate various patient transfer techniques 4) Share knowledge on good ergonomics for transfer 5) Develop problem solving skills to select appropriate patient transfer techniques to aid staff teaching	1) Work-related Musculoskeletal Disorders 2) Principles in Safe Handling of Load 3) Proper body mechanics in manual lifting and patient handling 4) Techniques in manual handling and transferring (including practical) 5) Skills to train in techniques of lifting and manual handling and transfers of patients (There will be written and practical evaluation)	Nil	\$580	\$640	Skills & Knowledge-based	2 days	TBC	Feb or Mar 2021	joyce.lee.g.l@sgh.com.sg