**SingHealth Duke-NUS Sport and Exercise Medicine Conference 2020**

**Call for Abstracts  
Deadline for submission: 1 December 2019**

*Note: All presenting authors MUST register and pay the registration fee in full upon acceptance of the abstract. Please note that all costs, including registration, are at the authors own expense.*

1. **DETAILS OF MAIN AUTHOR**

**Contact details of Main Author**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Salutation:**  *Please tick accordingly* | Prof  Assoc Prof  Asst Prof Dr  Mr  Mrs  Ms  Mdm | | | |
| **Profession:** | Administrator  Allied Health  Dentist  Doctor   Nurse  Pharmacists Researcher Resident  Students *(please indicate programme)*: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Others *(please indicate)*: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | |
| **Full Name:**  *Please underline your family name* |  | | | |
| **Organisation:** |  | | | |
| **ACP:**  *(Applicable for SingHealth staff only)* |  | | | |
| **Department:** |  | | | |
| **Designation:** |  | | | |
| **Contact Details:** |  | (Mobile) |  | (Office) |
| **Email Address:** |  | | | |

1. **DETAILS OF CO-AUTHOR(S)**

**Contact details of Co-Author(s)** *(please skip this section if there is no co-author for this submission)*

|  |  |
| --- | --- |
| **Salutation:**  *Please tick accordingly* | Prof  Assoc Prof  Asst Prof  Dr  Mr  Mrs  Ms  Mdm |
| **Profession:** | Administrator  Allied Health  Dentist  Doctor   Nurse  Pharmacists Researcher Resident  Students *(please indicate programme)*: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Others *(please indicate)*: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| **Full Name:**  *Please underline your family name* |  |
| **Organisation:** |  |

|  |  |
| --- | --- |
| **Salutation:**  *Please tick accordingly* | Prof  Assoc Prof  Asst Prof  Dr  Mr  Mrs  Ms  Mdm |
| **Profession:** | Administrator  Allied Health  Dentist  Doctor   Nurse  Pharmacists Researcher Resident  Students *(please indicate programme)*: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Others *(please indicate)*: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| **Full Name:**  *Please underline your family name* |  |
| **Organisation:** |  |

|  |  |
| --- | --- |
| **Salutation:**  *Please tick accordingly* | Prof  Assoc Prof  Asst Prof  Dr  Mr  Mrs  Ms  Mdm |
| **Profession:** | Administrator  Allied Health  Dentist  Doctor   Nurse  Pharmacists Researcher Resident  Students *(please indicate programme)*: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Others *(please indicate)*: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| **Full Name:**  *Please underline your family name* |  |
| **Organisation:** |  |

|  |  |
| --- | --- |
| **Salutation:**  *Please tick accordingly* | Prof  Assoc Prof  Asst Prof  Dr  Mr  Mrs  Ms  Mdm |
| **Profession:** | Administrator  Allied Health  Dentist  Doctor   Nurse  Pharmacists Researcher Resident  Students *(please indicate programme)*: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Others *(please indicate)*: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| **Full Name:**  *Please underline your family name* |  |
| **Organisation:** |  |

1. **ABSTRACT SUBMISSION FORM**

*Please include:*

* *The purpose of the study.*
* *The methods of data collection and analysis, and details of the study population.*
* *Present result(s) obtained and not data.*
* *Conclusion(s) reached. It is not satisfactory to state, "The results will be discussed".*

***Submission should not exceed 350 words.***

|  |
| --- |
| **Title of Abstract (not more than 15 words):** |
| **For this title, please check the box which is most relevant to the teaching of:**  Medical  Nursing  Allied Health  Inter-Professional  Others |
| **Purpose** |
| **Methods** |
| **Results** |
| **Conclusion** |

1. **GUIDELINES & SUBMISSION**
2. Fill in all sections on page 3 of this document.
3. All submissions must be completed in Word format and submitted to the conference secretariat via [sport.conf@singhealth.com.sg](mailto:sport.conf@singhealth.com.sg) by 1 December 2019. All received abstracts will be acknowledged.

The following are guidelines for the submission of abstracts for oral or poster presentation:

1. The primary focus and substance of the submitted abstract must be novel.
2. The abstract must not have been published as an abstract or as a full paper in a scientific, medical, or professional publication at the time of submission.
3. However, abstracts presented at previous conferences may be submitted. Please indicate when and where the presentation content has already been presented if so.
4. The abstract must be informative, including statements of the study’s specific **PURPOSE, METHODS**, summary of **RESULTS, and CONCLUSION**, using these headings.
5. It is unsatisfactory to state, “The results will be discussed.”
6. Abstracts of experimental, observational, and meta-analytic studies must include data to substantiate the conclusions being drawn.
7. Systematic reviews without meta-analyses are not acceptable.
8. It is not satisfactory to simply describe what was found (such as, “the treatment group increased their fitness more than the control group”) or to only include statistical results (such as, “associations were significant at p < .05).” The lack of inclusion of experimental data may result in the abstract being rejected.
9. The abstract must be written in English and be free from typographical and grammatical errors.
10. The abstract must be relevant to sport and exercise medicine and the conference theme.

The abstract must be **structure** as follows:

* **Title:** The title should not exceed 15 words.
* **Authors:** The first and last names of all the authors should be included in the author block.
* **Institutions:** Institutions and departments of all authors should be clearly stated.
* **Text:** The main body of the text should not exceed 350 words (excluding Title and Author information).

There is no limit to the number of abstracts that may be submitted by an individual. Please note that the Conference Programme Committee reserve the right to specify the format via which the presentation is to be made (poster or oral).

1. **THEMES FOR SUBMISSION**

The inaugural SingHealth Duke-NUS Sport and Exercise Medicine Conference theme is ‘Physical Activity – the New Vital Sign: Systematic exercise intervention in the chronic disease paradigm’. Possible topics for abstracts include, but not limited to, the following:

**1. Global Health:**   
     a. Population Health and Physical Activity  
     b. Epidemiology of physical activity and chronic disease  
  
**2. Oncology**  
     a. Effects of physical activity in cancer patients  
     b. Prescribing exercise for cancer survivors   
     c. Exercise testing requirements in cancer survivors  
  
**3. Weight management**  
     a. Physical activity and weight loss  
     b. Efficacy of various types of physical activity for weight loss  
     c. Efficacy of adjuvant medication/supplement/meal replacement in treating obesity  
     d. Diet and weight management   
  
**4. Others**  
     a. Injury prevention  
     b. Novel treatment for sports injuries (PrP, Prolotherapy, ESWT, nuclear magnetic resonance   
 therapy etc)  
     c. Recovery: novel methods of recovery post training

1. **CONSENT**

By submitting this form, you hereby agree to the Guidelines for Abstract Submission as stated on the Conference website and consent to:

* The Secretariat to publish the abstract in the Conference Programme.
* the Secretariat of the Sport and Exercise Medicine Conference 2020 collecting, using and/or disclosing your personal data in compliance with the Singapore Personal Data Protection Act (PDPA) and all subsidiary legislation for the purpose of the Conference, subsequent registration to and all other actions necessary in relation to the event.
* the Secretariat of the Sport and Exercise Medicine Conference 2020 and its related corporations and its service providers of taking your photographs during this Conference for use in promotional brochures, publicity and other related purposes.
* Submission of an abstract implies the author’s consent for the abstract to be published in the conference program.